



Vancouver Island Regional Championships

Ray Newman Championship Swim Meet

Nanaimo Aquatic Center

Friday, August 2 – Sunday, August 4, 2013

Teams:

Campbell River Salmon Kings - CAM

Courtenay Blue Devils – COU

Cowichan Valley Breakers – CVB

Juan de Fuca Royals – JUA

Nanaimo White Rapids – NAN

Oak Bay Orcas – OAK

Pender Island Otters – PDI

Power River Aquatic Club – POW

Salt Spring Stingrays – SSS

Sidney Piranhas – SID

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Coast Environmental



Nanaimo Riptides



City of Nanaimo



SCHEDULE

Friday August 2, 2013

1:00 pm Group 1 warm-up (schedule to follow)
1:30 pm Group 2 warm-up
1:45 pm Officials Meeting
2:00 pm Coaches Meeting
2:30 pm Preliminary Heats begin
Break (30 minutes)
Finals warm-up
Consolations and Finals

Saturday August 3, 2013

7:00 am Group 1 warm-up (schedule to follow)
7:30 am Group 2 warm-up
7:45 am Officials Meeting
8:00 am Coaches Meeting
8:15 am "O Canada"
8:30 am Preliminary Heats begin
Break (one hour) – VI Region AGM
Finals warm-up
Consolations, Finals and Relays

Sunday August 4, 2013

7:00 am Group 2 warm-up (schedule to follow)
7:30 am Group 1 warm-up
7:45 am Officials Meeting
8:00 am Coaches Meeting
8:30 am Preliminary Heats begin
Break (one hour) Parent Relay & Regional Cheers
Finals warm-up
Consolations, Finals and Relays

LUNCH BREAK: There will be a break after Preliminary Heats each day.

On Saturday between preliminaries and finals we will hold our **AGM and elections** for the upcoming season. All parents of all clubs are welcome to attend.

On Sunday, The Parent Relay and **Regional Cheers** will take place prior to the start of Consolations and Finals.

WARM UPS:

Each Club will be assigned one lane for the full 30 minutes available for warm ups.

FRIDAY	Group 1 1:00 - 1:30 pm	Group 2 1:30 - 2:00 pm
SATURDAY	Group 1 7:00 – 7:30 am	Group 2 7:30– 8:00 am
SUNDAY	Group 2 7:00 – 7:30 am	Group 1 7:30– 8:00 am

** Lane assignments may change depending on numbers

GROUP 1

SSS	Lane 1,2
NAN	Lanes 3,4,5
PDI/JUA	Lane 6
OAK	Lane 7,8

GROUP 2

POW	Lane 1
COU	Lane 2,3
CVB	Lane 4,5
SID	Lane 6,7
CAM	Lane 8

2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Friday IM Heats

Event 101 Girls Div 1 100 IM

Region - VI: 1:33.49 8/1/1989 Samantha Oliver
 1:42.40 PQT
 2:02.18 A
 2:14.11 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

3	Wakefield, Vienna	S1	SID-VI	2:04.89	_____
4	Ertel, Kaelin	S1	SSS-VI	1:59.90	_____
5	Wenger, Summer	S1	CAM-VI	2:02.07	_____
6	Carius, Eden	S9	SID-VI	NT	_____

Heat 2 of 2 Prelims

2	Brown, Zoe	S1	NAN-VI	NT	_____
3	Coogan, Brynna	S1	CVB-VI	2:04.36	_____
4	Wood, Jo-Jo	S1	POW-VI	1:53.70	_____
5	Marshall, Lindsey	S1	NAN-VI	2:00.29	_____
6	Revoy, Katie	S1	CAM-VI	2:19.81	_____

Event 102 Boys Div 1 100 IM

Region - VI: 1:33.49 1993 Martin Reader
 1:43.19 PQT
 2:00.68 A
 2:15.78 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

2	Walton, Nolan	S1	SSS-VI	2:20.70	_____
3	Moore, Bryan	S1	NAN-VI	2:03.60	_____
4	Johnson, Gus	S1	NAN-VI	1:45.15	_____
5	Morch, Peter	S1	NAN-VI	1:57.30	_____
6	Truong, Ben	S1	SID-VI	2:14.06	_____
7	King, Adam	S1	NAN-VI	2:37.58	_____

Event 103 Girls Div 2 100 IM

Region - VI: 1:22.60 1991 Kellie Rolston
 1:32.28 PQT
 1:53.40 A
 2:07.31 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

2	Wesley-Plambeck, Lexi	S2	SSS-VI	1:46.80	_____
3	Wenger, Brooke	S2	CAM-VI	1:42.78	_____
4	Bikadi, Kaysha	S2	SID-VI	1:36.71	_____
5	Needham, Ainsley	S2	POW-VI	1:40.20	_____
6	Whipple, Amanda	S2	NAN-VI	1:43.70	_____
7	Edwards, Sierra	S2	SID-VI	1:51.74	_____

Heat 2 of 2 Prelims

1	DE Pol, Nyah	S2	NAN-VI	1:54.10	_____
2	Carius, Ava	S2	SID-VI	1:44.38	_____
3	Morch, Kayley	S2	NAN-VI	1:41.10	_____
4	Edwards-OCAT, Hana	S2	NAN-VI	1:22.20	_____
5	Johnson, Zoey	S2	SSS-VI	1:39.20	_____
6	McDowell, Abby	S2	COU-VI	1:43.70	_____
7	Moore, Devinn	S2	NAN-VI	1:49.97	_____

Event 104 Boys Div 2 100 IM

Region - VI: 1:21.90 1983 Trevor Johnsen
 1:30.80 PQT
 2:03.97 A
 2:09.22 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

2	Proudfoot, Ben	S2	NAN-VI	2:38.23	_____
3	Schulze, Joseph	S2	SSS-VI	1:53.00	_____
4	Trafford, Madoc	S2	CVB-VI	1:43.02	_____
5	Hees, Nathaniel	S2	POW-VI	1:45.10	_____
6	Cartmill-Jones, Connor	S2	NAN-VI	2:24.03	_____
7	Ronkainen, Levi	S2	NAN-VI	NT	_____

Heat 2 of 2 Prelims

2	Laroche, Jack	S2	NAN-VI	2:31.80	_____
3	Wellard, Owen	S2	CAM-VI	1:46.88	_____
4	Truong, Nate	S2	SID-VI	1:30.35	_____
5	Brager, Jakob	S2	POW-VI	1:44.80	_____
6	Stephen, Stewart	S2	NAN-VI	2:03.94	_____
7	Strilets, Matthew M	S2	COU-VI	NT	_____

Event 105 Girls Div 3 100 IM

Region - VI: 1:16.37 1987 Shannon Apland
 1:21.08 PQT
 1:40.37 A
 1:50.75 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

1	Dobrinsky, Chloe	S3	CAM-VI	1:56.20	_____
2	Henderson, Mackenna	S3	CVB-VI	1:40.20	_____
3	Rivers, Katrina	S3	NAN-VI	1:34.80	_____
4	Wellard, Jamiliya	S3	CAM-VI	1:23.40	_____
5	Phillips, Abby	S3	SID-VI	1:30.20	_____
6	Nguyen, Vivienne	S3	JUA-VI	1:38.41	_____
7	Revoy, Jessi	S3	CAM-VI	1:47.80	_____



2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Friday IM Heats

Heat 2 Prelims (#105 Girls Div 3 100 IM)

1	King, Ashley	S3	NAN-VI	1:54.80	_____
2	Akerman, Taylor	S3	SSS-VI	1:38.90	_____
3	Marshall, Sara	S3	NAN-VI	1:33.00	_____
4	Johnson, Ava	S3	NAN-VI	1:23.10	_____
5	O'Toole, Delaney	S3	NAN-VI	1:25.00	_____
6	Paridaen-van Veen, Sophie	S3	CVB-VI	1:37.69	_____
7	Flood, Rowen	S3	CAM-VI	1:44.50	_____
8	Scriba, Janika	S3	CAM-VI	2:03.30	_____

Event 106 Boys Div 3 100 IM

Region - VI: 1:17.62 8/4/2007 Mathew Hampton
 1:21.88 PQT
 1:37.52 A
 1:52.98 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

2	St. Gelais, Aramis	S3	SSS-VI	1:55.60	_____
3	Craig, Haldon	S3	SID-VI	1:36.20	_____
4	Chapman, Tom	S3	OAK-VI	1:24.89	_____
5	Ayres, Liam	S3	SID-VI	1:26.30	_____
6	Bloss, Lukas	S3	CVB-VI	1:43.43	_____
7	Bodnar, Finn	S3	NAN-VI	NT	_____

Heat 2 of 2 Prelims

2	Flett, Mac	S3	SSS-VI	1:45.90	_____
3	Jenkinson, Paiden	S3	SID-VI	1:28.20	_____
4	De Pol, Tayden	S3	NAN-VI	1:22.62	_____
5	Iazvenko, Gosha	S3	SID-VI	1:26.26	_____
6	McIntyre, Connor	S3	NAN-VI	1:36.43	_____
7	Proudfoot, Ian	S3	NAN-VI	2:06.70	_____

Event 109 Girls Div 4 200 IM

Region - VI: 2:37.78 1987 Lisa Kurytnik
 2:50.17 PQT
 3:12.13 A
 3:25.04 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

2	Pask, Kenzie	S4	CVB-VI	3:22.65	_____
3	King, Jessica	S4	NAN-VI	3:16.83	_____
4	Winther, Claire	S4	OAK-VI	3:04.20	_____
5	McDougall, Zoe	S4	COU-VI	3:05.61	_____
6	Mosher, Lauren	S4	SID-VI	3:18.30	_____

Heat 2 of 2 Prelims

2	Lowe, Sydnae	S4	CVB-VI	3:18.70	_____
3	McGorman, Moira	S4	NAN-VI	3:12.70	_____
4	Kirkhope, Sarah	S4	NAN-VI	3:02.90	_____
5	Ayres, Sophie	S4	SID-VI	3:04.74	_____
6	Morris, Chloë	S4	OAK-VI	3:17.90	_____
7	Bourque, Olivia	S4	OAK-VI	3:32.80	_____

Event 110 Boys Div 4 200 IM

Region - VI: 2:29.15 1985 Richard Leslie
 2:44.14 PQT
 3:03.22 A
 3:08.87 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

1	McGonigle, Jake	S4	NAN-VI	3:43.64	_____
2	MacLeod, Andrew	S4	NAN-VI	3:11.27	_____
3	Todd, Quinn	S4	NAN-VI	3:02.30	_____
4	Phillips, Josh	S4	SID-VI	2:54.95	_____
5	Helpard, Samuel	S4	COU-VI	2:59.20	_____
6	Izard, Trevor	S4	OAK-VI	3:03.70	_____
7	Urquhart, James	S4	CVB-VI	3:32.60	_____
8	MacMillan, Hamish	S4	NAN-VI	3:44.93	_____

Event 111 Girls Div 5 200 IM

Region - VI: 2:34.90 1983 Julie Wilson
 2:48.45 PQT
 3:15.14 A
 3:24.48 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

1	Grant, Hannah	S5	SSS-VI	3:45.15	_____
2	McGonigle, Nyree	S5	NAN-VI	2:59.82	_____
3	Webster, Shane	S5	SSS-VI	2:51.90	_____
4	Bjelde, Sarah	S5	OAK-VI	2:46.50	_____
5	Jackson, Erin	S5	SID-VI	2:46.74	_____
6	Kennedy, Lylyli	S5	SSS-VI	2:59.50	_____
7	Jenkinson, Cailin	S5	SID-VI	3:09.46	_____
8	Bryant-OCAT, Alexa	S5	SID-VI	NT	_____

Event 112 Boys Div 5 200 IM

Region - VI: 2:24.60 2006 Ian Mattock
 1:47.94 B
 2:35.31 PQT
 2:41.43 A

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

3	Bisnar, Nigel	S5	SSS-VI	3:26.40	_____
4	Lyesin, Vlad	S5	OAK-VI	2:37.00	_____
5	Parker, Jack	S5	OAK-VI	2:42.13	_____



2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Friday IM Heats

Event 113 Girls Div 6 200 IM

Region - VI: 2:33.80 8/7/2010 Stephanie Taekema
 2:43.97 PQT
 3:08.99 A
 3:10.68 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	Lowe, Haeley	S6	CVB-VI	3:03.40
2	Andrews, Larissa	S6	SSS-VI	2:59.50
3	Lamb, Hayley	S6	OAK-VI	2:48.22
4	Rousseau, Megan	S6	COU-VI	2:40.07
5	Fraser, Cassidy	S6	SSS-VI	2:43.70
6	Miller, Jen	S6	CAM-VI	2:49.20
7	Rudolph, Emma	S6	COU-VI	3:03.38

Event 114 Boys Div 6 200 IM

Region - VI: 2:16.06 8/4/2007 Gareth Saunders
 2:31.32 PQT
 2:43.08 A
 3:00.27 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	Park, Alan	S6	CVB-VI	3:04.90
2	O'Toole, Seamus	S6	NAN-VI	2:47.37
3	Moore, Steven	S6	NAN-VI	2:32.93
4	Todd, Joshua	S6	NAN-VI	2:28.67
5	Yates, Christopher	S6	NAN-VI	2:32.80
6	MacLeod, David	S6	NAN-VI	2:42.07
7	Scriba, Kurtis	S6	CAM-VI	2:49.10

Event 117 Girls Div 7 200 IM

Region - VI: 2:35.40 1984 Edie Fisher
 2:51.69 PQT
 3:08.99 A
 3:10.68 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
2	Patterson, Christine	S7	NAN-VI	4:02.85
3	Goodwin, Emma	S7	SID-VI	2:48.03
4	Carter, Olivia	S7	CAM-VI	2:44.00
5	Price, Hayley	S7	NAN-VI	2:45.78
6	Taekema, Ellen	S7	NAN-VI	2:48.98

Event 118 Boys Div 7 200 IM

Region - VI: 2:17.31 2003 Elliot Holtham
 2:34.24 PQT
 2:43.08 A
 3:00.27 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
4	Simpson, Owen	S7	NAN-VI	2:26.18
5	Jackson, Matt	S7	SID-VI	2:29.54

Event 119 Girls Div 8 200 IM

Region - VI: 2:28.53 1996 Bambi Roy
 2:53.71 PQT
 3:08.99 A
 3:10.68 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
3	Gardner, Rachael	S8	SSS-VI	NT
4	Schmidt, Julia	S8	PDI-VI	2:48.70
5	Hosseini, Tannaz	O8	SID-VI	2:51.38

Event 120 Boys Div 8 200 IM

Region - VI: 2:08.54 2004 Phil Weiss
 2:33.69 PQT
 2:43.08 A
 3:00.27 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
2	Sinclair, Nick	S8	OAK-VI	NT
3	Hunter, Sean	S8	JUA-VI	2:30.77
4	Trajan, Byron	S8	NAN-VI	2:23.25
5	Bourgeois, Richard	S8	NAN-VI	2:24.70
6	Moore, Tyler	S8	NAN-VI	2:36.30
7	Mattock, Ian	S8	NAN-VI	NT



2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Saturday Preliminary Heats

Event 121 Girls Div 1 50 Freestyle

Region - VI: 38.19 8/1/1986 Janice Hanan
40.64 PQT
58.76 A
1:05.59 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

1	Roll, Emma	S9	SSS-VI	NT
2	Hagen, Aniela	S1	CVB-VI	1:03.10
3	Brown, Zoe	S1	NAN-VI	49.36
4	Wood, Jo-Jo	S1	POW-VI	45.80
5	Paridaen-van Veen, Mary	S1	CVB-VI	47.89
6	Carius, Eden	S9	SID-VI	56.30
7	Bridgen, Shea	S1	CAM-VI	1:09.70

Heat 2 of 2 Prelims

1	Lim, Grace	S9	NAN-VI	1:41.06
2	Atleo, Kaitlyn	S1	CVB-VI	1:01.08
3	Wakefield, Vienna	S1	SID-VI	48.16
4	Coogan, Brynna	S1	CVB-VI	45.04
5	Bobkova, Yulia	S1	NAN-VI	46.20
6	Paprotny, Sarah	S1	JUA-VI	51.85
7	Defert, Ava	S1	CAM-VI	1:07.70

Event 122 Boys Div 1 50 Freestyle

Region - VI: 36.16 1993 Martin Reader
39.63 PQT
1:02.59 A
1:14.33 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 3 Prelims

2	Lim, Jack	S1	NAN-VI	1:09.95
3	Schulze, Thomas	S1	SSS-VI	59.00
4	Morch, Peter	S1	NAN-VI	47.50
5	McDowell, Jace	S1	COU-VI	56.50
6	Webb, Nevan	S1	NAN-VI	1:04.30
7	Welch, Adam	S1	NAN-VI	1:57.60

Heat 2 of 3 Prelims

2	Sinclair, Ben	S1	NAN-VI	1:08.95
3	van de Vlasakker, Jasper	S1	CAM-VI	57.90
4	James, Carter	S1	NAN-VI	46.08
5	Walton, Nolan	S1	SSS-VI	55.50
6	Stenstrom, Kai	S1	SSS-VI	1:00.37
7	Strilets, Nikolas	S9	COU-VI	1:17.56

Heat 3 of 3 Prelims

1	Orton, Oliver	S1	NAN-VI	NT
2	Kirkhope, John	S1	NAN-VI	1:05.60
3	King, Adam	S1	NAN-VI	57.01
4	Johnson, Gus	S1	NAN-VI	43.55
5	Johnson, Kiel	S1	SSS-VI	48.60
6	Suh, Justin	S1	SSS-VI	59.10
7	Bikadi, Dawson	S1	SID-VI	1:14.50

Event 123 Girls Div 2 50 Freestyle

Region - VI: 33.64 2003 Veronica Reid
35.96 PQT
46.48 A
52.21 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 3 Prelims

1	Brown, Grace	S2	JUA-VI	50.72
2	Jenks, Sarah	S2	SSS-VI	44.70
3	Carius, Ava	S2	SID-VI	41.33
4	Whipple, Amanda	S2	NAN-VI	38.40
5	Korniyuk, Dasha	S2	OAK-VI	40.18
6	Morris, Carmen	S2	OAK-VI	41.89
7	Hockridge, Riana	S2	OAK-VI	46.37

Heat 2 of 3 Prelims

1	Moore, Bailey	S2	OAK-VI	50.00
2	Klak, Lahaela	S2	JUA-VI	42.30
3	Henderson, Avorie K	S2	CVB-VI	40.50
4	McDowell, Abby	S2	COU-VI	37.30
5	Johnson, Zoey	S2	SSS-VI	39.36
6	Dryden, Ava	S2	OAK-VI	41.80
7	Rebneris, Megan	S2	SID-VI	46.22
8	Phillips, Emma	S2	SSS-VI	57.60

Heat 3 of 3 Prelims

1	Bridgen, Bryn	S2	CAM-VI	46.80
2	Jolliffe, Emma	S2	SID-VI	42.00
3	Wesley-Plambeck, Lexi	S2	SSS-VI	40.40
4	Lorette-OCAT, Sophie	S2	NAN-VI	33.10
5	Moore, Devinn	S2	NAN-VI	39.30
6	Parker, Lily	S2	OAK-VI	41.70
7	Anderson, Isabella	S2	COU-VI	45.80
8	Sawchuk, Cheyenne	S2	SSS-VI	51.60

2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Saturday Preliminary Heats

Event 124 Boys Div 2 50 Freestyle

Region - VI: 32.36 2006 Mathew Hampton
 35.38 PQT
 44.92 A
 52.94 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 3 Prelims				
2	St. Gelais, Zadian	S2	SSS-VI	57.28
3	Stephen, Stewart	S2	NAN-VI	44.28
4	Trafford, Madoc	S2	CVB-VI	39.79
5	Schulze, Joseph	S2	SSS-VI	42.40
6	Strilets, Matthew M	S2	COU-VI	46.60
7	Rithaler, William	S2	SSS-VI	1:01.87
Heat 2 of 3 Prelims				
2	Cartmill-Jones, Connor	S2	NAN-VI	53.50
3	Smith, Ryan	S2	CVB-VI	44.04
4	Brager, Jakob	S2	POW-VI	39.00
5	Nowicki, Blake	S2	NAN-VI	41.20
6	Jensen, River	S2	NAN-VI	45.29
7	Laroche, Jack	S2	NAN-VI	1:00.72
Heat 3 of 3 Prelims				
1	Proudfoot, Ben	S2	NAN-VI	1:05.48
2	Ronkainen, Levi	S2	NAN-VI	50.70
3	Rorick, Wyatt	S2	CVB-VI	43.02
4	Truong, Nate	S2	SID-VI	35.18
5	Wellard, Owen	S2	CAM-VI	40.81
6	Goguillot, Evan	S2	NAN-VI	45.14
7	Bacon, Evan	S2	JUA-VI	57.61

Event 125 Girls Div 3 50 Freestyle

Region - VI: 30.38 1989 Lisa Cooke
 31.94 PQT
 37.78 A
 42.01 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 3 Prelims				
1	King, Ashley	S3	NAN-VI	47.84
2	Chan, Delaney	S3	OAK-VI	41.20
3	Paridaen-van Veen, Sophie	S3	CVB-VI	36.71
4	Phillips, Abby	S3	SID-VI	33.48
5	MacDonald, Abbey	S3	POW-VI	34.50
6	Akerman, Taylor	S3	SSS-VI	38.70
7	Lim, Gracie	S3	CAM-VI	46.50

Heat 2 of 3 Prelims

1	Blasco, Jaida	S3	COU-VI	46.90
2	Konnala, Jayda	S3	SID-VI	40.90
3	O'Toole, Delaney	S3	NAN-VI	34.70
4	Baron, Samantha	S3	POW-VI	33.20
5	Lorette-OCAT, Hannah	S3	NAN-VI	34.50
6	Nowicki, Keiann	S3	NAN-VI	38.67
7	Scriba, Janika	S3	CAM-VI	45.40
8	Blasco, Lauren	S3	COU-VI	53.62

Heat 3 of 3 Prelims

1	Kashmere, Victoria	S3	NAN-VI	46.56
2	Larkin, Mackenzie	S3	OAK-VI	40.20
3	Rivers, Katrina	S3	NAN-VI	34.70
4	Wellard, Jamiliya	S3	CAM-VI	32.90
5	Nguyen, Vivienne	S3	JUA-VI	34.25
6	Bacon, Gabrielle	S3	JUA-VI	37.90
7	Revoy, Jessi	S3	CAM-VI	42.00
8	Dobrinsky, Chloe	S3	CAM-VI	48.00

Event 126 Boys Div 3 50 Freestyle

Region - VI: 29.92 8/4/2007 Mathew Hampton
 32.16 PQT
 39.65 A
 50.32 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 3 Prelims				
2	deRuiter, Riley	S3	NAN-VI	51.38
3	Trafford, Rhys	S3	CVB-VI	40.18
4	Craig, Haldon	S3	SID-VI	34.40
5	McIntyre, Connor	S3	NAN-VI	36.60
6	St. Gelais, Aramis	S3	SSS-VI	43.60
7	Jenks, Stuart	S3	SSS-VI	NT
Heat 2 of 3 Prelims				
2	Hoelzley, Christopher	S3	POW-VI	48.06
3	Bloss, Lukas	S3	CVB-VI	39.61
4	Iazvenko, Gosha	S3	SID-VI	34.40
5	Needham, Cole	S3	POW-VI	35.40
6	Flett, Mac	S3	SSS-VI	42.70
7	Proudfoot, Ian	S3	NAN-VI	54.53
Heat 3 of 3 Prelims				
1	Bodnar, Finn	S3	NAN-VI	NT
2	Webb, Val	S3	NAN-VI	45.40
3	Moore, Hayden	S3	OAK-VI	38.99
4	Chapman, Tom	S3	OAK-VI	33.30
5	Jenkinson, Paiden	S3	SID-VI	34.84
6	Crouse, Seth	S3	SSS-VI	41.00
7	Van DE Vlasakker, Stefan	S3	CAM-VI	54.00

2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Saturday Preliminary Heats

Event 129 Girls Div 4 50 Freestyle

Region - VI: 28.97 8/7/2010 Chloe Chapman
 30.60 PQT
 33.84 A
 36.99 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 3 Prelims

2	Bourque, Olivia	S4	OAK-VI	38.20
3	Hockridge, Lanelle	S4	OAK-VI	35.17
4	Brager, Kourtney	S4	POW-VI	33.25
5	McDougall, Zoe	S4	COU-VI	33.60
6	Morris, Chloë	S4	OAK-VI	35.63
7	Wakefield, Lexi	S4	SID-VI	45.10

Heat 2 of 3 Prelims

2	Smith, Camille	S4	SSS-VI	36.91
3	Dunn, Myia	S4	COU-VI	35.00
4	Winther, Claire	S4	OAK-VI	32.50
5	Ayres, Sophie	S4	SID-VI	33.40
6	Wesley-Plambeck, Maddie	S4	SSS-VI	35.40
7	Laforge, Caitlin	S4	CAM-VI	38.60

Heat 3 of 3 Prelims

1	Pow, Tyson	S4	SID-VI	45.32
2	Pask, Kenzie	S4	CVB-VI	35.80
3	Mosher, Lauren	S4	SID-VI	34.35
4	Kirkhope, Sarah	S4	NAN-VI	32.11
5	McGorman, Moira	S4	NAN-VI	33.31
6	King, Jessica	S4	NAN-VI	35.35
7	O'Sullivan, Erin	S4	NAN-VI	38.21

Event 130 Boys Div 4 50 Freestyle

Region - VI: 26.88 8/4/2012 Philippe Andre Vellacott
 29.08 PQT
 33.74 A
 36.89 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

1	McGonigle, Jake	S4	NAN-VI	40.40
2	Koby, Nick	S3	SSS-VI	37.37
3	Burnett, Rylan	S4	SSS-VI	34.50
4	Helpard, Samuel	S4	COU-VI	31.20
5	Bettauer, Noah	S4	OAK-VI	34.23
6	Copeman, Braeden	S4	OAK-VI	35.00
7	MacMillan, Hamish	S4	NAN-VI	37.91

Heat 2 of 2 Prelims

1	Bisnar, Austin	S4	SSS-VI	39.10
2	Burns, Mathias	S4	POW-VI	35.26
3	Labas, Eric	S4	NAN-VI	34.25
4	Phillips, Josh	S4	SID-VI	30.76
5	Todd, Quinn	S4	NAN-VI	32.60
6	MacLeod, Andrew	S4	NAN-VI	34.72
7	Kossey, Brandon	S4	NAN-VI	37.80
8	Lightfoot, Douglas	S4	COU-VI	56.44

Event 131 Girls Div 5 50 Freestyle

Region - VI: 28.50 1995 Chantel Fabre
 29.55 PQT
 32.90 A
 34.94 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

1	Bryant-OCAT, Alexa	S5	SID-VI	NT
2	Folkes, Ianna	S5	NAN-VI	36.46
3	Andress, Alyssa	S5	SSS-VI	32.90
4	McGonigle, Nyree	S5	NAN-VI	31.00
5	Kennedy, Lyyli	S5	SSS-VI	32.10
6	Kuhnert, Sydney	S5	COU-VI	35.34
7	Sorensen, Brooke	S5	NAN-VI	38.70

Heat 2 of 2 Prelims

1	Sanchez-Aguila, Andrea	S5	SSS-VI	40.40
2	deWitt, Kyla	S5	COU-VI	36.20
3	Helpard, Amelia	S5	COU-VI	32.60
4	Winther, Liv	S5	OAK-VI	30.19
5	Labas, Jordan	S5	NAN-VI	31.18
6	Andrews, Savannah	S5	OAK-VI	33.60
7	Harrigan, Kate	S5	JUA-VI	36.59

Event 132 Boys Div 5 50 Freestyle

Region - VI: 25.96 1999 Kye Taylor
 27.44 PQT
 32.74 A
 34.19 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

3	Clarke, Caleb	S5	COU-VI	32.17
4	Goodman, Drayden	S5	NAN-VI	28.57
5	Sinclair, Andrew	S5	SSS-VI	28.90
6	Wild, Jack	S5	OAK-VI	33.20

Heat 2 of 2 Prelims

2	Bobkov, Dima	S5	NAN-VI	34.40
3	Parker, Jack	S5	OAK-VI	29.00
4	Stewart, Caleb	S5	SID-VI	27.40
5	Craig, Colten	S5	SID-VI	28.69
6	MacDonald, Jacob	S5	POW-VI	32.42



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Meet Program - Saturday Preliminary Heats

Event 133 Girls Div 6 50 Freestyle

Region - VI:	28.13	8/4/2012	Hayley Price
	29.34	PQT	
	33.18	A	
	39.48	B	

Lane	Name	Yr	Team	Seed Time
Heat 1 of 2 Prelims				
2	Lindsay, Kara	S6	NAN-VI	32.65
3	Birch, Maggie	S6	SSS-VI	31.37
4	Voss, Gillian	S6	OAK-VI	29.56
5	Harris, Amelia	S6	PDI-VI	30.25
6	Loyst, Nora	S6	NAN-VI	31.72
7	Andrews, Larissa	S6	SSS-VI	34.32
Heat 2 of 2 Prelims				
2	Rudolph, Emma	S6	COU-VI	32.07
3	Craig, Tabitha	S6	SID-VI	30.56
4	Hampton, Allison	S6	OAK-VI	28.97
5	Kossey, Breanna	S6	NAN-VI	30.00
6	Hoelzley, Sarah	S6	POW-VI	31.53
7	Kuhnert, Jenna	S6	COU-VI	32.83

Event 134 Boys Div 6 50 Freestyle

Region - VI:	25.26	1998	Brock Ranshaw
	26.31	PQT	
	30.12	A	
	31.57	B	

Lane	Name	Yr	Team	Seed Time
Heat 1 of 2 Prelims				
1	Todd-OCAT, Zack			NT
2	Howe, Sebastian	S6	SSS-VI	30.30
3	Bourgeois, Thomas	S6	NAN-VI	28.20
4	Yates, Christopher	S6	NAN-VI	26.34
5	Todd, Joshua	S6	NAN-VI	26.89
6	MacLeod, David	S6	NAN-VI	28.42
7	Hofmann, Ellis	S6	SSS-VI	33.09
Heat 2 of 2 Prelims				
1	Helpard, Benjamin	S6	COU-VI	58.25
2	Sinclair, Liam	S5	SSS-VI	28.70
3	Gemma, Callum	S6	NAN-VI	27.22
4	Prout-Holm, Riley	S6	NAN-VI	25.50
5	Funk, Aaryn	S6	SSS-VI	26.80
6	Stewart, Cole	S6	SID-VI	28.36
7	Rohon-O'Halloran, Luke	S6	OAK-VI	32.80

Event 137 Girls Div 7 50 Freestyle

Region - VI:	28.50	2004	Carla Henderson
	30.37	PQT	
	33.18	A	
	39.48	B	

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	Carriere Der, Catherine	S7	NAN-VI	31.98
2	Kastelic, Lindsay	S7	OAK-VI	30.90
3	Yates, Vanessa	S7	NAN-VI	30.80
4	Price, Hayley	S7	NAN-VI	28.31
5	Walker, Darby	S7	NAN-VI	29.12
6	Goodwin, Emma	S7	SID-VI	30.88
7	Nadin, Marissa	S7	POW-VI	31.50
8	Crouse, Braiden	S7	SSS-VI	33.10

Event 138 Boys Div 7 50 Freestyle

Region - VI:	24.32	1994	Patrick Cannon
	26.19	PQT	
	30.12	A	
	31.57	B	

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	Lowe, Gabe	S7	JUA-VI	35.48
2	Townsend, William	S7	CVB-VI	29.47
3	Funk, Jason	S7	SSS-VI	29.00
4	McKay, Drake	S7	CVB-VI	26.26
5	Rohon-O'Halloran, Galen	S7	OAK-VI	27.80
6	Moore, Evan	S7	PDI-VI	29.15
7	McKay, Dylan	S7	POW-VI	30.00
8	Fairweather, Connor	S7	CAM-VI	NT

Event 139 Girls Div 8 50 Freestyle

Region - VI:	27.69	1998	Dianan Ureche
	30.02	PQT	
	33.18	A	
	39.48	B	

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
3	Poulin, Courtney	S8	NAN-VI	32.24
4	Newman, Rachael	O8	CVB-VI	29.60
5	Wood, Allison	O8	CVB-VI	29.70
6	Lorusso, Michelle	S8	NAN-VI	NT

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Meet Program - Saturday Preliminary Heats

Event 140 Boys Div 8 50 Freestyle

Region - VI: 23.58 2006 Cody Flegel
 25.79 PQT
 30.12 A
 31.57 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	Brown, Ian	S8	PDI-VI	28.20
2	Zollen, Brett	O8	PDI-VI	26.14
3	Moore, Tyler	S8	NAN-VI	25.87
4	Saunders, G.A. Robert	S8	NAN-VI	24.97
5	Sinclair, Nick	S8	OAK-VI	25.72
6	Cioban, Brad	S8	NAN-VI	26.00
7	Leachman, Quincy	S8	POW-VI	27.90
8	Kudaba, Andre	S8	NAN-VI	NT

Event 201 Girls Div 1 50 Butterfly

Region - VI: 43.05 8/1/1989 Samantha Oliver
 48.47 PQT
 1:11.91 A
 1:20.95 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	Carius, Eden	S9	SID-VI	1:24.11
2	Revoy, Katie	S1	CAM-VI	1:01.15
3	Wakefield, Vienna	S1	SID-VI	59.20
4	Paridaen-van Veen, Mary	S1	CVB-VI	58.70
5	Wenger, Summer	S1	CAM-VI	58.95
6	Marshall, Lindsey	S1	NAN-VI	1:00.82
7	Hagen, Aniela	S1	CVB-VI	1:19.38

Event 202 Boys Div 1 50 Butterfly

Region - VI: 41.10 1979 Graeme Johnson
 49.90 PQT
 1:07.67 A
 1:12.71 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
2	Stenstrom, Kai	S1	SSS-VI	1:17.70
3	James, Carter	S1	NAN-VI	1:04.10
4	Morch, Peter	S1	NAN-VI	54.60
5	Truong, Ben	S1	SID-VI	57.00
6	Moore, Bryan	S1	NAN-VI	1:05.34
7	McDowell, Jace	S1	COU-VI	NT

Event 203 Girls Div 2 50 Butterfly

Region - VI: 36.88 1991 Kellie Rolston
 41.16 PQT
 1:03.22 A
 1:08.59 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 3 Prelims				
2	DE Pol, Nyah	S2	NAN-VI	56.04
3	Moore, Devinn	S2	NAN-VI	51.15
4	Bikadi, Kaysha	S2	SID-VI	42.22
5	Needham, Ainsley	S2	POW-VI	47.10
6	Jolliffe, Emma	S2	SID-VI	52.79
7	Phillips, Emma	S2	SSS-VI	1:17.00
Heat 2 of 3 Prelims				
2	Korniyuk, Dasha	S2	OAK-VI	54.01
3	Henderson, Avorie K	S2	CVB-VI	50.70
4	Edwards-OCAT, Hana	S2	NAN-VI	37.67
5	Morch, Kayley	S2	NAN-VI	45.40
6	Johnson, Zoey	S2	SSS-VI	51.90
7	Sawchuk, Cheyenne	S2	SSS-VI	1:07.10
Heat 3 of 3 Prelims				
2	Klak, Lahaela	S2	JUA-VI	52.84
3	McDowell, Abby	S2	COU-VI	47.93
4	Lorette-OCAT, Sophie	S2	NAN-VI	35.80
5	Wenger, Brooke	S2	CAM-VI	44.40
6	Morris, Carmen	S2	OAK-VI	51.90
7	Rebneris, Megan	S2	SID-VI	57.60

Event 204 Boys Div 2 50 Butterfly

Region - VI: 34.70 1983 Trevor Johnsen
 41.00 PQT
 50.05 A
 50.48 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 2 Prelims				
3	Smith, Ryan	S2	CVB-VI	1:02.80
4	Wellard, Owen	S2	CAM-VI	46.08
5	Nowicki, Blake	S2	NAN-VI	53.78
6	Laroche, Jack	S2	NAN-VI	1:14.60
Heat 2 of 2 Prelims				
2	Goguillot, Evan	S2	NAN-VI	NT
3	Laturmus, Cam	S2	NAN-VI	55.27
4	Truong, Nate	S2	SID-VI	38.74
5	Hees, Nathaniel	S2	POW-VI	51.60
6	Strilets, Matthew M	S2	COU-VI	1:06.70



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Meet Program - Saturday Preliminary Heats

Event 205 Girls Div 3 50 Butterfly

Region - VI: 33.76 1987 Shannon Apland
 36.11 PQT
 47.05 A
 59.92 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

1	Blasco, Lauren	S3	COU-VI	1:13.70	_____
2	MacDonald, Abbey	S3	POW-VI	46.60	_____
3	Nguyen, Vivienne	S3	JUA-VI	38.79	_____
4	Lorette-OCAT, Hannah	S3	NAN-VI	36.80	_____
5	Wellard, Jamiliya	S3	CAM-VI	38.20	_____
6	Rivers, Katrina	S3	NAN-VI	45.36	_____
7	Konnila, Jayda	S3	SID-VI	57.23	_____

Heat 2 of 2 Prelims

1	Blasco, Jaida	S3	COU-VI	1:03.80	_____
2	Marshall, Sara	S3	NAN-VI	46.40	_____
3	Phillips, Abby	S3	SID-VI	38.70	_____
4	Johnson, Ava	S3	NAN-VI	36.15	_____
5	Baron, Samantha	S3	POW-VI	37.90	_____
6	Larkin, Mackenzie	S3	OAK-VI	45.27	_____
7	Nowicki, Keiann	S3	NAN-VI	49.20	_____
8	Chan, Delaney	S3	OAK-VI	NT	_____

Event 206 Boys Div 3 50 Butterfly

Region - VI: 33.19 1997 Pete Crockford
 37.05 PQT
 55.92 A
 57.42 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

3	Moore, Hayden	S3	OAK-VI	50.66	_____
4	Ayres, Liam	S3	SID-VI	37.50	_____
5	McIntyre, Connor	S3	NAN-VI	44.59	_____
6	Hoelzley, Christopher	S3	POW-VI	NT	_____

Heat 2 of 2 Prelims

2	Bodnar, Finn	S3	NAN-VI	NT	_____
3	Craig, Haldon	S3	SID-VI	45.51	_____
4	De Pol, Tayden	S3	NAN-VI	36.32	_____
5	Needham, Cole	S3	POW-VI	38.60	_____
6	Proudfoot, Ian	S3	NAN-VI	1:11.60	_____

Event 209 Girls Div 4 50 Butterfly

Region - VI: 32.77 1988 Nikki Buziak
 34.50 PQT
 39.39 A
 44.80 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

1	Laforge, Caitlin	S4	CAM-VI	49.25	_____
2	Thomson, Nina	S4	OAK-VI	43.97	_____
3	Mosher, Lauren	S4	SID-VI	40.22	_____
4	Kirkhope, Sarah	S4	NAN-VI	37.04	_____
5	Ayres, Sophie	S4	SID-VI	38.94	_____
6	Wesley-Plambeck, Maddie	S4	SSS-VI	41.50	_____
7	O'Sullivan, Erin	S4	NAN-VI	46.03	_____

Heat 2 of 2 Prelims

1	Smith, Camille	S4	SSS-VI	47.31	_____
2	Lowe, Sydnae	S4	CVB-VI	42.53	_____
3	Hockridge, Lanelle	S4	OAK-VI	39.97	_____
4	Winther, Claire	S4	OAK-VI	36.10	_____
5	Brager, Kourtney	S4	POW-VI	38.70	_____
6	King, Jessica	S4	NAN-VI	40.70	_____
7	Dunn, Myia	S4	COU-VI	44.49	_____
8	Wakefield, Lexi	S4	SID-VI	1:29.00	_____

Event 210 Boys Div 4 50 Butterfly

Region - VI: 29.98 1986 Trevor Johnsen
 33.22 PQT
 41.31 A
 53.47 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

2	Bisnar, Austin	S4	SSS-VI	48.80	_____
3	Burnett, Rylan	S4	SSS-VI	41.90	_____
4	Labas, Eric	S4	NAN-VI	34.78	_____
5	Todd, Quinn	S4	NAN-VI	39.40	_____
6	Copeman, Braeden	S4	OAK-VI	42.93	_____
7	Koby, Nick	S3	SSS-VI	55.09	_____

Heat 2 of 2 Prelims

2	MacMillan, Hamish	S4	NAN-VI	48.57	_____
3	Bettauer, Noah	S4	OAK-VI	39.79	_____
4	Phillips, Josh	S4	SID-VI	34.40	_____
5	Izard, Trevor	S4	OAK-VI	36.75	_____
6	Burns, Mathias	S4	POW-VI	42.70	_____
7	Urquhart, James	S4	CVB-VI	50.30	_____



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Meet Program - Saturday Preliminary Heats

Event 211 Girls Div 5 100 Butterfly

Region - VI: 1:12.20 1992 Leanne Grant
 1:17.56 PQT
 1:28.34 A
 1:38.66 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	Sorensen, Brooke	S5	NAN-VI	2:00.70
2	Winther, Liv	S5	OAK-VI	1:22.60
3	Webster, Shane	S5	SSS-VI	1:19.80
4	Jackson, Erin	S5	SID-VI	1:17.41
5	Izard, Jessica	S5	OAK-VI	1:18.88
6	Bjelde, Sarah	S5	OAK-VI	1:21.40
7	Folkes, Ianna	S5	NAN-VI	1:35.30

Event 212 Boys Div 5 100 Butterfly

Region - VI: 1:06.46 1987 John Kemp
 1:11.68 PQT
 1:13.52 A
 1:16.43 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
4	Lyesin, Vlad	S5	OAK-VI	1:13.69
5	Goodman, Drayden	S5	NAN-VI	1:20.60

Event 213 Girls Div 6 100 Butterfly

Region - VI: 1:10.16 1996 Anita Holtham
 1:15.05 PQT
 1:24.83 A
 1:25.93 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	Hoelzley, Sarah	S6	POW-VI	1:27.20
2	Lamb, Hayley	S6	OAK-VI	1:18.12
3	Harris, Amelia	S6	PDI-VI	1:16.10
4	Fraser, Cassidy	S6	SSS-VI	1:13.10
5	Miller, Jen	S6	CAM-VI	1:15.70
6	Kossey, Breanna	S6	NAN-VI	1:18.12
7	Kuhnert, Jenna	S6	COU-VI	1:25.36
8	Lowe, Haeley	S6	CVB-VI	1:33.98

Event 214 Boys Div 6 100 Butterfly

Region - VI: 1:02.59 2004 Alex McLaren
 1:08.59 PQT
 1:15.55 A
 1:18.81 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	O'Toole, Seamus	S6	NAN-VI	1:20.10
2	Stewart, Cole	S6	SID-VI	1:15.75
3	Moore, Steven	S6	NAN-VI	1:11.63
4	Yates, Christopher	S6	NAN-VI	1:05.11
5	Barrie, Alexander	S6	OAK-VI	1:11.49
6	Scriba, Kurtis	S6	CAM-VI	1:12.80
7	MacLeod, David	S6	NAN-VI	1:17.85
8	Urquhart, Reid	S6	CVB-VI	1:18.73 B

Event 217 Girls Div 7 100 Butterfly

Region - VI: 1:08.05 1997 Anita Holtham
 1:19.69 PQT
 1:24.83 A
 1:25.93 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
2	Carriere Der, Catherine	S7	NAN-VI	1:18.92
3	Yates, Vanessa	S7	NAN-VI	1:17.61
4	Walker, Darby	S7	NAN-VI	1:15.20
5	Taekema, Ellen	S7	NAN-VI	1:16.09
6	Carter, Olivia	S7	CAM-VI	1:17.92
7	Patterson, Christine	S7	NAN-VI	2:05.43

Event 218 Boys Div 7 100 Butterfly

Region - VI: 1:02.42 1998 Dylan RamShaw
 1:08.13 PQT
 1:15.55 A
 1:18.81 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
2	McKay, Dylan	S7	POW-VI	1:22.00
3	Rohon-O'Halloran, Galen	S7	OAK-VI	1:13.90
4	Simpson, Owen	S7	NAN-VI	1:03.30
5	Jackson, Matt	S7	SID-VI	1:05.50
6	Townsend, William	S7	CVB-VI	1:17.19
7	McKay, Drake	S7	CVB-VI	NT



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Meet Program - Saturday Preliminary Heats

Event 219 Girls Div 8 100 Butterfly

Region - VI: 1:06.30 2002 Kellie Rolston
 1:22.54 PQT
 1:24.83 A
 1:25.93 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
3	Hosseini, Tannaz	O8	SID-VI	1:17.61
4	Newman, Rachael	O8	CVB-VI	1:09.65
5	Schmidt, Julia	S8	PDI-VI	1:16.90

Event 220 Boys Div 8 100 Butterfly

Region - VI: 56.62 2004 Phil Weiss
 1:03.07 PQT
 1:15.55 A
 1:18.81 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
2	Zollen, Brett	O8	PDI-VI	NT
3	Vosper, Will	O8	SID-VI	1:06.45
4	Sinclair, Nick	S8	OAK-VI	59.25
5	Bourgeois, Richard	S8	NAN-VI	1:05.20
6	Brown, Ian	S8	PDI-VI	1:08.20
7	Mattock, Ian	S8	NAN-VI	NT

Event 221 Girls Div 1 50 Backstroke

Region - VI: 43.57 1999 Jessica Scott
 48.02 PQT
 1:09.73 A
 1:17.62 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 2 Prelims				
1	Bridgen, Shea	S1	CAM-VI	NT
2	Paprotny, Sarah	S1	JUA-VI	1:01.68
3	Marshall, Lindsey	S1	NAN-VI	55.24
4	Brown, Zoe	S1	NAN-VI	52.97
5	Wenger, Summer	S1	CAM-VI	54.40
6	Revoy, Katie	S1	CAM-VI	56.99
7	Lim, Grace	S9	NAN-VI	1:26.20
Heat 2 of 2 Prelims				
1	Defert, Ava	S1	CAM-VI	1:38.50
2	Bobkova, Yulia	S1	NAN-VI	58.33
3	Ertel, Kaelin	S1	SSS-VI	54.68
4	Wood, Jo-Jo	S1	POW-VI	51.20
5	Coogan, Brynna	S1	CVB-VI	53.81
6	Paridaen-van Veen, Mary	S1	CVB-VI	56.54
7	Atleo, Kaitlyn	S1	CVB-VI	1:13.60

Event 222 Boys Div 1 50 Backstroke

Region - VI: 42.90 1983 D. Colongioli
 48.40 PQT
 1:07.13 A
 1:17.58 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 2 Prelims				
2	Lim, Jack	S1	NAN-VI	1:19.08
3	King, Adam	S1	NAN-VI	1:07.60
4	Truong, Ben	S1	SID-VI	53.02
5	Walton, Nolan	S1	SSS-VI	1:03.40
6	Stenstrom, Kai	S1	SSS-VI	1:10.40
7	Orton, Oliver	S1	NAN-VI	NT
Heat 2 of 2 Prelims				
2	Kirkhope, John	S1	NAN-VI	1:13.05
3	van de Vlasakker, Jasper	S1	CAM-VI	1:04.90
4	Johnson, Gus	S1	NAN-VI	50.60
5	Suh, Justin	S1	SSS-VI	1:02.50
6	Johnson, Kiel	S1	SSS-VI	1:08.90
7	Strilets, Nikolas	S9	COU-VI	1:22.40

Event 223 Girls Div 2 50 Backstroke

Region - VI: 38.23 1996 Christine Penhale
 42.35 PQT
 54.57 A
 59.47 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 3 Prelims				
1	Edwards-OCAT, Hana	S2	NAN-VI	NT
2	Bridgen, Bryn	S2	CAM-VI	53.60
3	DE Pol, Nyah	S2	NAN-VI	48.80
4	Wenger, Brooke	S2	CAM-VI	46.27
5	Klak, Lahaela	S2	JUA-VI	47.50
6	Edwards, Sierra	S2	SID-VI	51.92
7	Sawchuk, Cheyenne	S2	SSS-VI	55.80
Heat 2 of 3 Prelims				
1	Lorette-OCAT, Sophie	S2	NAN-VI	NT
2	Brown, Grace	S2	JUA-VI	53.47
3	Needham, Ainsley	S2	POW-VI	47.70
4	Morch, Kayley	S2	NAN-VI	46.10
5	Morris, Carmen	S2	OAK-VI	46.90
6	Jolliffe, Emma	S2	SID-VI	50.92
7	Anderson, Isabella	S2	COU-VI	55.40

2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Saturday Preliminary Heats

Heat 3 Prelims (#223 Girls Div 2 50 Backstroke)

1	Moore, Bailey	S2	OAK-VI	58.50	_____
2	Parker, Lily	S2	OAK-VI	52.70	_____
3	Dryden, Ava	S2	OAK-VI	47.70	_____
4	Bikadi, Kaysha	S2	SID-VI	43.20	_____
5	Henderson, Avorie K	S2	CVB-VI	46.50	_____
6	Wesley-Plambeck, Lexi	S2	SSS-VI	50.90	_____
7	Hockridge, Riana	S2	OAK-VI	54.81	_____
8	Jenks, Sarah	S2	SSS-VI	NT	_____

Event 224 Boys Div 2 50 Backstroke

Region - VI:	36.74	1998	Alex McLaren
	42.62	PQT	
	57.25	A	
	1:04.48	B	

Lane	Name	Yr	Team	Seed	Time
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Heat 1 of 2 Prelims

2	Cartmill-Jones, Connor	S2	NAN-VI	1:02.00	_____
3	Laternus, Cam	S2	NAN-VI	51.87	_____
4	Trafford, Madoc	S2	CVB-VI	48.04	_____
5	Hees, Nathaniel	S2	POW-VI	50.00	_____
6	Jensen, River	S2	NAN-VI	52.82	_____
7	Bacon, Evan	S2	JUA-VI	1:07.10	_____

Heat 2 of 2 Prelims

1	Rithaler, William	S2	SSS-VI	1:18.37	_____
2	St. Gelais, Zadian	S2	SSS-VI	1:00.93	_____
3	Goguillot, Evan	S2	NAN-VI	50.88	_____
4	Brager, Jakob	S2	POW-VI	46.47	_____
5	Rorick, Wyatt	S2	CVB-VI	49.50	_____
6	Schulze, Joseph	S2	SSS-VI	52.60	_____
7	Proudfoot, Ben	S2	NAN-VI	1:03.60	_____

Event 225 Girls Div 3 50 Backstroke

Region - VI:	35.48	1997	Christina Penhale
	37.83	PQT	
	46.24	A	
	53.80	B	

Lane	Name	Yr	Team	Seed	Time
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Heat 1 of 3 Prelims

1	Kashmere, Victoria	S3	NAN-VI	NT	_____
2	Flood, Rowen	S3	CAM-VI	51.13	_____
3	MacDonald, Abbey	S3	POW-VI	44.35	_____
4	Baron, Samantha	S3	POW-VI	42.10	_____
5	Henderson, Mackenna	S3	CVB-VI	42.50	_____
6	Akerman, Taylor	S3	SSS-VI	49.00	_____
7	Dobrinisky, Chloe	S3	CAM-VI	56.70	_____

Heat 2 of 3 Prelims

1	Lorette-OCAT, Hannah	S3	NAN-VI	NT	_____
2	Revoy, Jessi	S3	CAM-VI	49.74	_____
3	Chan, Delaney	S3	OAK-VI	44.10	_____
4	Phillips, Abby	S3	SID-VI	41.00	_____
5	Marshall, Sara	S3	NAN-VI	42.50	_____
6	Bacon, Gabrielle	S3	JUA-VI	47.97	_____
7	Blasco, Jaida	S3	COU-VI	54.81	_____

Heat 3 of 3 Prelims

1	Blasco, Lauren	S3	COU-VI	1:05.40	_____
2	Konnilla, Jayda	S3	SID-VI	49.65	_____
3	Paridaen-van Veen, Sophie	S3	CVB-VI	43.23	_____
4	Johnson, Ava	S3	NAN-VI	38.41	_____
5	O'Toole, Delaney	S3	NAN-VI	42.28	_____
6	Scriba, Janika	S3	CAM-VI	47.40	_____
7	Lim, Gracie	S3	CAM-VI	52.31	_____

Event 226 Boys Div 3 50 Backstroke

Region - VI:	34.49	1999	Alex McLaren
	38.15	PQT	
	49.48	A	
	52.77	B	

Lane	Name	Yr	Team	Seed	Time
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Heat 1 of 2 Prelims

2	Van DE Vlasakker, Stefan	S3	CAM-VI	NT	_____
3	Moore, Hayden	S3	OAK-VI	50.25	_____
4	Ayres, Liam	S3	SID-VI	39.70	_____
5	Jenkinson, Paiden	S3	SID-VI	41.20	_____
6	Hoelzley, Christopher	S3	POW-VI	55.89	_____

Heat 2 of 2 Prelims

2	deRuitter, Riley	S3	NAN-VI	NT	_____
3	Trafford, Rhys	S3	CVB-VI	50.09	_____
4	De Pol, Tayden	S3	NAN-VI	36.90	_____
5	Needham, Cole	S3	POW-VI	40.19	_____
6	St. Gelais, Aramis	S3	SSS-VI	50.49	_____

Event 229 Girls Div 4 100 Backstroke

Region - VI:	1:13.44	1994	Kendall Musgrave
	1:18.15	PQT	
	1:32.56	A	
	1:40.92	B	

Lane	Name	Yr	Team	Seed	Time
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Heat 1 of 2 Prelims

2	Pow, Tyson	S4	SID-VI	NT	_____
3	Thomson, Nina	S4	OAK-VI	1:35.77	_____
4	McGorman, Moira	S4	NAN-VI	1:22.80	_____
5	Pask, Kenzie	S4	CVB-VI	1:27.01	_____
6	Smith, Camille	S4	SSS-VI	1:36.63	_____



2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Saturday Preliminary Heats

Heat 2 Prelims (#229 Girls Div 4 100 Backstroke)

2	Wakefield, Lexi	S4	SID-VI	2:02.60	_____
3	Morris, Chloë	S4	OAK-VI	1:32.80	_____
4	Winther, Claire	S4	OAK-VI	1:18.75	_____
5	Brager, Kourtney	S4	POW-VI	1:24.51	_____
6	Dunn, Myia	S4	COU-VI	1:36.50	_____

Event 230 Boys Div 4 100 Backstroke

Region - VI:	1:07.16	8/4/2012	Philippe Andre Vellacott
	1:14.90	PQT	
	1:34.24	A	
	1:47.05	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

2	Lightfoot, Douglas	S4	COU-VI	2:40.50	_____
3	Copeman, Braeden	S4	OAK-VI	1:36.40	_____
4	Burnett, Rylan	S4	SSS-VI	1:23.80	_____
5	Labas, Eric	S4	NAN-VI	1:28.63	_____
6	Koby, Nick	S3	SSS-VI	1:46.93	_____

Heat 2 of 2 Prelims

2	Bisnar, Austin	S4	SSS-VI	1:49.90	_____
3	Bettauer, Noah	S4	OAK-VI	1:33.67	_____
4	Helpard, Samuel	S4	COU-VI	1:21.20	_____
5	Izard, Trevor	S4	OAK-VI	1:24.90	_____
6	MacMillan, Hamish	S4	NAN-VI	1:38.64	_____
7	Kossey, Brandon	S4	NAN-VI	NT	_____

Event 231 Girls Div 5 100 Backstroke

Region - VI:	1:12.00	2003	Jessica Hickey
	1:16.37	PQT	
	1:29.22	A	
	1:37.22	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

3	Andress, Alyssa	S5	SSS-VI	1:22.90	_____
4	Webster, Shane	S5	SSS-VI	1:18.10	_____
5	Helpard, Amelia	S5	COU-VI	1:22.60	_____
6	Grant, Hannah	S5	SSS-VI	1:40.40	_____

Heat 2 of 2 Prelims

2	Sanchez-Aguila, Andrea	S5	SSS-VI	1:51.90	_____
3	Jenkinson, Cailin	S5	SID-VI	1:22.79	_____
4	Izard, Jessica	S5	OAK-VI	1:15.81	_____
5	Winther, Liv	S5	OAK-VI	1:22.28	_____
6	Harrigan, Kate	S5	JUA-VI	1:31.70	_____

Event 232 Boys Div 5 100 Backstroke

Region - VI:	1:05.99	2002	Alex McLaren
	1:10.53	PQT	
	1:29.21	A	
	1:40.84	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

3	Wild, Jack	S5	OAK-VI	1:30.60	_____
4	Parker, Jack	S5	OAK-VI	1:13.10	_____
5	Clarke, Caleb	S5	COU-VI	1:21.47	_____
6	Bisnar, Nigel	S5	SSS-VI	1:39.50	_____

Heat 2 of 2 Prelims

2	Bobkov, Dima	S5	NAN-VI	1:46.38	_____
3	Sinclair, Andrew	S5	SSS-VI	1:22.86	_____
4	Stewart, Caleb	S5	SID-VI	1:11.56	_____
5	Craig, Colten	S5	SID-VI	1:16.67	_____
6	MacDonald, Jacob	S5	POW-VI	1:32.65	_____

Event 233 Girls Div 6 100 Backstroke

Region - VI:	1:08.74	2003	Carla Henderson
	1:14.90	PQT	
	1:27.97	A	
	1:33.56	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

1	Craig, Tabitha	S6	SID-VI	1:25.10	_____
2	Voss, Gillian	S6	OAK-VI	1:22.50	_____
3	Loyst, Nora	S6	NAN-VI	1:14.94	_____
4	Rousseau, Megan	S6	COU-VI	1:12.95	_____
5	Hampton, Allison	S6	OAK-VI	1:14.43	_____
6	Andrews, Larissa	S6	SSS-VI	1:20.50	_____
7	Hoelzley, Sarah	S6	POW-VI	1:22.66	_____
8	Lindsay, Kara	S6	NAN-VI	1:28.30	_____

Event 234 Boys Div 6 100 Backstroke

Region - VI:	1:00.49	2004	Alex McLaren
	1:08.91	PQT	
	1:16.82	A	
	1:18.59	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

1	Hofmann, Ellis	S6	SSS-VI	1:36.59	_____
2	Urquhart, Reid	S6	CVB-VI	1:19.20	_____
3	Todd, Joshua	S6	NAN-VI	1:13.69	_____
4	Prout-Holm, Riley	S6	NAN-VI	1:05.78	_____
5	Gemma, Callum	S6	NAN-VI	1:12.60	_____
6	Barrie, Alexander	S6	OAK-VI	1:14.02	_____
7	Howe, Sebastian	S6	SSS-VI	1:25.50	_____
8	Park, Alan	S6	CVB-VI	NT	_____



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Meet Program - Saturday Preliminary Heats

Event 237 Girls Div 7 100 Backstroke

Region - VI: 1:08.97 2004 Carla Henderson
 1:19.13 PQT
 1:27.97 A
 1:33.56 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

4	Goodwin, Emma	S7	SID-VI	1:13.09	_____
5	Tackema, Ellen	S7	NAN-VI	1:15.67	_____

Event 238 Boys Div 7 100 Backstroke

Region - VI: 1:03.08 2003 Elliot Holtham
 1:09.91 PQT
 1:16.82 A
 1:18.59 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

4	Simpson, Owen	S7	NAN-VI	1:07.86	_____
5	Jackson, Matt	S7	SID-VI	1:08.23	_____

Event 239 Girls Div 8 100 Backstroke

Region - VI: 1:06.71 8/8/2010 Allison Wood
 1:22.64 PQT
 1:27.97 A
 1:33.56 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

3	Schmidt, Julia	S8	PDI-VI	NT	_____
4	Newman, Rachael	O8	CVB-VI	1:13.94	_____
5	Wood, Allison	O8	CVB-VI	1:15.05	_____

Event 240 Boys Div 8 100 Backstroke

Region - VI: 59.01 2004 Phil Weiss
 1:07.79 PQT
 1:16.82 A
 1:18.59 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

2	Mattock, Ian	S8	NAN-VI	NT	_____
3	Trajan, Byron	S8	NAN-VI	1:07.80	_____
4	Sinclair, Nick	S8	OAK-VI	1:00.44	_____
5	Kudaba, Andre	S8	NAN-VI	1:00.50	_____
6	Hunter, Sean	S8	JUA-VI	1:09.20	_____



2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Saturday Relays Timed Finals

Event 141 Girls Div 1 200 Medley Relay

Region - VI: 3:27.91 2007 Sidney Piranhas			
3:24.71 PQT			
Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Nwrsc-VI	A	4:16.54
	1) Lim, Grace S9	2) Bobkova, Yulia S1	
	3) Marshall, Lindsey S1	4) Brown, Zoe S1	
4	Breakers-VI	A	2:24.32
	1) Coogan, Brynna S1	2) Atleo, Kaitlyn S1	
	3) Paridaen-van Veen, Mary S1	4) Hagen, Aniela S1	
5	CAM-VI	A	2:30.80
	1) Revoy, Katie S1	2) Defert, Ava S1	
	3) Wenger, Summer S1	4) Bridgen, Shea S1	

Event 142 Boys Div 1 200 Medley Relay

Region - VI: 3:48.25 2006 Nanaimo White Rapids			
3:24.90 PQT			
Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Stingrays-VI	A	NT
	1) Johnson, Kiel S1	2) Stenstrom, Kai S1	
	3) Walton, Nolan S1	4) Suh, Justin S1	
4	Nwrsc-VI	A	3:24.42
	1) Moore, Bryan S1	2) Johnson, Gus S1	
	3) Morch, Peter S1	4) James, Carter S1	
5	Nwrsc-VI	B	5:02.02
	1) Kirkhope, John S1	2) King, Adam S1	
	3) Webb, Nevan S1	4) Sinclair, Ben S1	

Event 143 Girls Div 2 200 Medley Relay

Region - VI: 2:58.60 2006 Nanaimo White Rapids			
2:49.96 PQT			
Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Orcas-VI	A	3:13.91
	1) Dryden, Ava S2	2) Hockridge, Riana S2	
	3) Morris, Carmen S2	4) Korniyuk, Dasha S2	
4	Nwrsc-VI	A	3:06.35
	1) DE Pol, Nyah S2	2) Whipple, Amanda S2	
	3) Morch, Kayley S2	4) Moore, Devinn S2	
5	SID-VI	A	3:11.67
	1) Edwards, Sierra S2	2) Carius, Ava S2	
	3) Bikadi, Kaysha S2	4) Jolliffe, Emma S2	
6	Stingrays-VI	A	NT
	1) Ertel, Kaelin S1	2) Wesley-Plambeck, Lexi S2	
	3) Johnson, Zoey S2	4) Jenks, Sarah S2	

Event 144 Boys Div 2 200 Medley Relay

Region - VI: 2:47.71 2006 Oak Bay Orcas			
2:49.99 PQT			
Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
4	Nwrsc-VI	A	3:25.07
	1) Gouillot, Evan S2	2) Nowicki, Blake S2	
	3) Laturmus, Cam S2	4) Stephen, Stewart S2	
5	Nwrsc-VI	B	4:10.35
	1) Cartmill-Jones, Connor S2	2) Proudfoot, Ben S2	
	3) Jensen, River S2	4) Ronkainen, Levi S2	

Event 145 Girls Div 3 200 Medley Relay

Region - VI: 2:34.65 2007 Nanaimo White Rapids			
2:30.53 PQT			
Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
2	CAM-VI	B	NT
	1) Bridgen, Bryn S2	2) Lim, Gracie S3	
	3) Revoy, Jessi S3	4) Dobrinsky, Chloe S3	
3	JUA-VI	A	3:01.83
	1) Klak, Lahaela S2	2) Bacon, Gabrielle S3	
	3) Nguyen, Vivienne S3	4) Brown, Grace S2	
4	CAM-VI	A	2:30.80
	1) Scriba, Janika S3	2) Wellard, Jamiliya S3	
	3) Wenger, Brooke S2	4) Flood, Rowen S3	
5	Nwrsc-VI	A	2:35.75
	1) Marshall, Sara S3	2) O'Toole, Delaney S3	
	3) Johnson, Ava S3	4) Rivers, Katrina S3	
6	Orcas-VI	A	3:12.89
	1) Chan, Delaney S3	2) Parker, Lily S2	
	3) Larkin, Mackenzie S3	4) Moore, Bailey S2	

2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Saturday Relays Timed Finals

Event 146 Boys Div 3 200 Medley Relay

Region - VI:		2:36.28	2007	Oak Bay Orcas	
		2:31.69	PQT		
Lane	Team	Relay	Seed Time		
Heat 1 of 1 Finals					
2	POW-VI	A	NT	_____	
	1) Brager, Jakob S2		2) Needham, Cole S3		
	3) Hees, Nathaniel S2		4) Hoelzley, Christopher S3		
3	Nwrsc-VI	A	3:06.36	_____	
	1) De Pol, Tayden S3		2) Webb, Val S3		
	3) McIntyre, Connor S3		4) Bodnar, Finn S3		
4	SID-VI	A	2:11.10	_____	
	1) Jenkinson, Paiden S3		2) Iazvenko, Gosha S3		
	3) Ayres, Liam S3		4) Craig, Haldon S3		
5	Breakers-VI	A	2:30.56	_____	
	1) Trafford, Madoc S2		2) Trafford, Rhys S3		
	3) Smith, Ryan S2		4) Rorick, Wyatt S2		
6	Stingrays-VI	A	NT	_____	
	1) St. Gelais, Zadian S2		2) Rithaler, William S2		
	3) Schulze, Joseph S2		4) Jenks, Stuart S3		
7	Nwrsc-VI	B	NT	_____	
	1) deRuiter, Riley S3		2) Proudfoot, Ian S3		
	3) Laroche, Jack S2		4) Lim, Jack S1		

Event 149 Girls Div 4 200 Medley Relay

Region - VI:		2:21.71	1990	Sidney Piranhas	
		2:21.41	PQT		
Lane	Team	Relay	Seed Time		
Heat 1 of 1 Finals					
2	Stingrays-VI	A	NT	_____	
	1) Sawchuk, Cheyenne S2		2) Phillips, Emma S2		
	3) Akerman, Taylor S3		4) Smith, Camille S4		
3	SID-VI	A	2:20.41	_____	
	1) Konnila, Jayda S3		2) Ayres, Sophie S4		
	3) Phillips, Abby S3		4) Mosher, Lauren S4		
4	Nwrsc-VI	A	2:17.00	_____	
	1) McGorman, Moira S4		2) O'Sullivan, Erin S4		
	3) Kirkhope, Sarah S4		4) King, Jessica S4		
5	Orcas-VI	A	2:17.11	_____	
	1) Winther, Claire S4		2) Thomson, Nina S4		
	3) Hockridge, Lanelle S4		4) Morris, Chloë S4		
6	Breakers-VI	A	2:24.32	_____	
	1) Pask, Kenzie S4		2) Henderson, Mackenna S3		
	3) Lowe, Sydnae S4		4) Paridaen-van Veen, Sophie S3		

Event 150 Boys Div 4 200 Medley Relay

Region - VI:		2:15.97	8/8/2009	Oak Bay Orcas	
		2:17.11	PQT		
Lane	Team	Relay	Seed Time		
Heat 1 of 1 Finals					
3	Blue Devils-VI	A	3:45.83	_____	
	1) Helpard, Samuel S4		2) Lightfoot, Douglas S4		
	3) Strilets, Matthew M S2		4) Strilets, Nikolas S9		
4	Nwrsc-VI	A	1:56.90	_____	
	1) Todd, Quinn S4		2) MacLeod, Andrew S4		
	3) Labas, Eric S4		4) MacMillan, Hamish S4		
5	Orcas-VI	A	2:14.10	_____	
	1) Izard, Trevor S4		2) Copeman, Braeden S4		
	3) Chapman, Tom S3		4) Bettauer, Noah S4		
6	Stingrays-VI	A	NT	_____	
	1) St. Gelais, Aramis S3		2) Flett, Mac S3		
	3) Bisnar, Austin S4		4) Koby, Nick S3		

Event 151 Girls Div 5 200 Medley Relay

Region - VI:		2:17.38	8/4/2012	Oak Bay Orcas	
		2:18.10	PQT		
Lane	Team	Relay	Seed Time		
Heat 1 of 1 Finals					
4	Orcas-VI	A	2:17.11	_____	
	1) Izard, Jessica S5		2) Bjelde, Sarah S5		
	3) Winther, Liv S5		4) Andrews, Savannah S5		
5	Blue Devils-VI	A	2:35.00	_____	
	1) deWitt, Kyla S5		2) McDougall, Zoe S4		
	3) Kuhnert, Sydney S5		4) Dunn, Myia S4		

Event 152 Boys Div 5 200 Medley Relay

Region - VI:		2:13.40	8/4/2012	Nanaimo White Rapids	
		2:11.05	PQT		
Lane	Team	Relay	Seed Time		
Heat 1 of 1 Finals					
4	Nwrsc-VI	A	1:56.90	_____	
	1) Bobkov, Dima S5		2) McGonigle, Jake S4		
	3) Goodman, Drayden S5		4) Kossey, Brandon S4		



2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Saturday Relays Timed Finals

Event 153 Girls Div 6 200 Medley Relay

Region - VI: 2:15.14 8/7/2010 Nanaimo White Rapids
 V. Yates, S. Taekema, M. Brown, D. Walker
 2:14.69 PQT

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Stingrays-VI	A	NT _____
	1) Webster, Shane S5	2) Kennedy, Lylyli S5	
	3) Fraser, Cassidy S6	4) Birch, Maggie S6	
4	Nwrsc-VI	A	2:17.00 _____
	1) Loyst, Nora S6	2) Labas, Jordan S5	
	3) Kossey, Breanna S6	4) McGonigle, Nyree S5	
5	Blue Devils-VI	A	2:35.00 _____
	1) Rousseau, Megan S6	2) Rudolph, Emma S6	
	3) Kuhnert, Jenna S6	4) Helpard, Amelia S5	
6	Nwrsc-VI	B	NT _____
	1) Lindsay, Kara S6	2) Nowicki, Keiann S3	
	3) Sorensen, Brooke S5	4) Folkes, Ianna S5	

Event 154 Boys Div 6 200 Medley Relay

Region - VI: 2:01.10 8/4/2012 Nanaimo White Rapids
 R Prout-Holm, C Yates, O Simpson, J Todd
 2:03.57 PQT

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Stingrays-VI	A	NT _____
	1) Burnett, Rylan S4	2) Hofmann, Ellis S6	
	3) Bisnar, Nigel S5	4) Howe, Sebastian S6	
4	Nwrsc-VI	A	1:56.90 _____
	1) Prout-Holm, Riley S6	2) Yates, Christopher S6	
	3) Todd, Joshua S6	4) Gemma, Callum S6	
5	SID-VI	A	2:11.10 _____
	1) Craig, Colten S5	2) Stewart, Cole S6	
	3) Stewart, Caleb S5	4) Phillips, Josh S4	
6	Nwrsc-VI	B	NT _____
	1) Moore, Steven S6	2) O'Toole, Seamus S6	
	3) Bourgeois, Thomas S6	4) MacLeod, David S6	

Event 157 Girls Div 7 200 Medley Relay

Region - VI: 2:14.23 8/4/2012 Oak Bay Orcas
 R Wood, L Kastelic, L Voss, C Skelton
 2:17.32 PQT

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
2	Nwrsc-VI	B	NT _____
	1) Yates, Vanessa S7	2) King, Ashley S3	
	3) Patterson, Christine S7	4) Kashmere, Victoria S3	
3	SID-VI	A	2:20.41 _____
	1) Goodwin, Emma S7	2) Jackson, Erin S5	
	3) Jenkinson, Cailin S5	4) Craig, Tabitha S6	
4	Nwrsc-VI	A	2:17.00 _____
	1) Taekema, Ellen S7	2) Price, Hayley S7	
	3) Carriere Der, Catherine S7	4) Walker, Darby S7	
5	Orcas-VI	A	2:17.11 _____
	1) Hampton, Allison S6	2) Kastelic, Lindsay S7	
	3) Lamb, Hayley S6	4) Voss, Gillian S6	
6	POW-VI	A	2:37.97 _____
	1) Brager, Kourtney S4	2) MacDonald, Abbey S3	
	3) Hoelzley, Sarah S6	4) Nadin, Marissa S7	

Event 158 Boys Div 7 200 Medley Relay

Region - VI: 1:55.59 1991
 2:02.01 PQT

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Stingrays-VI	A	NT _____
	1) Sinclair, Andrew S5	2) Sinclair, Liam S5	
	3) Funk, Jason S7	4) Funk, Aaryn S6	
4	Orcas-VI	A	2:14.10 _____
	1) Parker, Jack S5	2) Lyesin, Vlad S5	
	3) Barrie, Alexander S6	4) Rohon-O'Halloran, Galen S7	
5	Breakers-VI	A	2:30.56 _____
	1) Urquhart, Reid S6	2) Park, Alan S6	
	3) Townsend, William S7	4) McKay, Drake S7	

Event 159 Girls Div 8 200 Medley Relay

Region - VI: 2:14.58 1998
 2:13.63 PQT
 Sidney Piranhas

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Stingrays-VI	A	NT _____
	1) Andress, Alyssa S5	2) Wesley-Plambeck, Maddie S4	
	3) Gardner, Rachael S8	4) Andrews, Larissa S6	
4	Breakers-VI	A	2:24.32 _____
	1) Wood, Allison O8	2) Lowe, Haeley S6	
	3) Scott-OCAT, Kealey S3	4) Newman, Rachael O8	
5	CAM-VI	A	2:30.80 _____
	1) Kotilla, Kailee S8	2) Carter, Olivia S7	
	3) Miller, Jen S6	4) Pomeroy, Jane O8	



2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Saturday Relays Timed Finals

Event 160 Boys Div 8 200 Medley Relay

Region - VI: 1:51.94 8/4/2012 Nanaimo White Rapids

B Trajan, R Bourgeois, I Mattock, G Sanders

1:56.37 PQT

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
2	Nwrsc-VI	B	NT _____
	1) Simpson, Owen S7	2) Trajan, Byron S8	
	3) Moore, Tyler S8	4) Cioban, Brad S8	
3	CAM-VI	A	2:32.90 _____
	1) Carter, Paul S8	2) Scriba, Kurtis S6	
	3) Fairweather, Connor S7	4) Wellard, Owen S2	
4	Nwrsc-VI	A	1:56.90 _____
	1) Kudaba, Andre S8	2) Bourgeois, Richard S8	
	3) Mattock, Ian S8	4) Saunders, G.A. Robert S8	
5	Pender Island-VI	A	2:15.10 _____
	1) Sorba, MJ J S8	2) Brown, Ian S8	
	3) Zollen, Brett O8	4) Moore, Evan S7	
6	POW-VI	A	NT _____
	1) MacDonald, Jacob S5	2) Burns, Mathias S4	
	3) McKay, Dylan S7	4) Leachman, Quincy S8	



2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Sunday Preliminary Heats

Event 301 Girls Div 5 50 Butterfly

Region - VI: 31.80 1983 Julie Wilson
 33.54 PQT
 38.90 A
 46.37 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 2 Prelims				
1	Sorensen, Brooke	S5	NAN-VI	51.18
2	deWitt, Kyla	S5	COU-VI	39.94
3	Kennedy, Lyyli	S5	SSS-VI	37.70
4	Webster, Shane	S5	SSS-VI	33.87
5	Bjelde, Sarah	S5	OAK-VI	34.96
6	Jenkinson, Cailin	S5	SID-VI	38.98
7	Andrews, Savannah	S5	OAK-VI	40.64
Heat 2 of 2 Prelims				
1	Kuhnert, Sydney	S5	COU-VI	43.85
2	Harrigan, Kate	S5	JUA-VI	39.90
3	McGonigle, Nyree	S5	NAN-VI	36.14
4	Labas, Jordan	S5	NAN-VI	33.76
5	Izard, Jessica	S5	OAK-VI	34.34
6	Helpard, Amelia	S5	COU-VI	37.70
7	Folkes, Ianna	S5	NAN-VI	40.45

Event 302 Boys Div 5 50 Butterfly

Region - VI: 29.20 2006 Ian Mattock
 31.08 PQT
 36.83 A
 38.46 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
2	Clarke, Caleb	S5	COU-VI	35.77
3	Craig, Colten	S5	SID-VI	31.89
4	Stewart, Caleb	S5	SID-VI	30.26
5	Lyesin, Vlad	S5	OAK-VI	31.41
6	Sinclair, Andrew	S5	SSS-VI	34.20
7	Bisnar, Nigel	S5	SSS-VI	43.80

Event 303 Girls Div 6 50 Butterfly

Region - VI: 31.42 2011 Lauren Voss
 32.51 PQT
 38.69 A
 44.89 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	Hoelzley, Sarah	S6	POW-VI	36.01
2	Miller, Jen	S6	CAM-VI	33.70
3	Harris, Amelia	S6	PDI-VI	33.03
4	Kossey, Breanna	S6	NAN-VI	32.14
5	Fraser, Cassidy	S6	SSS-VI	32.40
6	Lamb, Hayley	S6	OAK-VI	33.40
7	Kuhnert, Jenna	S6	COU-VI	34.44
8	Craig, Tabitha	S6	SID-VI	36.84

Event 304 Boys Div 6 50 Butterfly

Region - VI: 27.26 2002 David Cruise
 29.43 PQT
 35.43 A
 35.81 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 2 Prelims				
2	Rohon-O'Halloran, Luke	S6	OAK-VI	52.01
3	Bourgeois, Thomas	S6	NAN-VI	32.75
4	Prout-Holm, Riley	S6	NAN-VI	28.30
5	Funk, Aaryn	S6	SSS-VI	30.97
6	Gemma, Callum	S6	NAN-VI	32.82
7	Park, Alan	S6	CVB-VI	NT
Heat 2 of 2 Prelims				
1	Todd-OCAT, Zack	S6	NAN-VI	NT
2	Howe, Sebastian	S6	SSS-VI	41.06
3	Barrie, Alexander	S6	OAK-VI	32.50
4	Yates, Christopher	S6	NAN-VI	28.27
5	Scriba, Kurtis	S6	CAM-VI	30.60
6	Urquhart, Reid	S6	CVB-VI	32.80
7	Helpard, Benjamin	S6	COU-VI	1:09.07

Event 307 Girls Div 7 50 Butterfly

Region - VI: 30.98 8/5/2012 Lauren Voss
 34.10 PQT
 38.69 A
 44.89 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
2	Kastelic, Lindsay	S7	OAK-VI	37.80
3	Yates, Vanessa	S7	NAN-VI	34.10
4	Taekema, Ellen	S7	NAN-VI	32.16
5	Walker, Darby	S7	NAN-VI	32.45
6	Carriere Der, Catherine	S7	NAN-VI	34.15
7	Patterson, Christine	S7	NAN-VI	56.00



2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Sunday Preliminary Heats

Event 308 Boys Div 7 50 Butterfly

Region - VI:	27.41	1998	Dylan Ramshaw
	29.30	PQT	
	35.43	A	
	35.81	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

3	Fairweather, Connor	S7	CAM-VI	33.20	_____
4	Jackson, Matt	S7	SID-VI	28.59	_____
5	Townsend, William	S7	CVB-VI	32.20	_____
6	Lowe, Gabe	S7	JUA-VI	43.70	_____

Heat 2 of 2 Prelims

2	McKay, Drake	S7	CVB-VI	NT	_____
3	Moore, Evan	S7	PDI-VI	32.70	_____
4	Simpson, Owen	S7	NAN-VI	28.38	_____
5	Funk, Jason	S7	SSS-VI	32.10	_____
6	McKay, Dylan	S7	POW-VI	33.65	_____

Event 309 Girls Div 8 50 Butterfly

Region - VI:	29.66	1998	Diana Ureche
	33.38	PQT	
	38.69	A	
	44.89	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

2	Schmidt, Julia	S8	PDI-VI	35.60	_____
3	Hosseini, Tannaz	O8	SID-VI	33.60	_____
4	Newman, Rachael	O8	CVB-VI	32.05	_____
5	Wood, Allison	O8	CVB-VI	33.38	_____
6	Gardner, Rachael	S8	SSS-VI	34.22	_____
7	Lorusso, Michelle	S8	NAN-VI	39.64	_____

Event 310 Boys Div 8 50 Butterfly

Region - VI:	26.08	2002	Phil Weiss
	27.96	PQT	
	35.43	A	
	35.81	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

2	Kudaba, Andre	S8	NAN-VI	NT	_____
3	Bourgeois, Richard	S8	NAN-VI	29.30	_____
4	Mattock, Ian	S8	NAN-VI	26.43	_____
5	Brown, Ian	S8	PDI-VI	29.20	_____
6	Moore, Tyler	S8	NAN-VI	29.54	_____

Event 311 Girls Div 1 50 Breaststroke

Region - VI:	47.26	2002	Sierra Lundy
	54.24	PQT	
	1:10.20	A	
	1:16.67	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

3	Hagen, Aniela	S1	CVB-VI	1:19.80	_____
4	Bobkova, Yulia	S1	NAN-VI	1:00.16	_____
5	Ertel, Kaelin	S1	SSS-VI	1:01.60	_____
6	Paprotny, Sarah	S1	JUA-VI	NT	_____

Heat 2 of 2 Prelims

2	Bridgen, Shea	S1	CAM-VI	NT	_____
3	Atleo, Kaitlyn	S1	CVB-VI	1:17.44	_____
4	Webb, Ava	S1	COU-VI	54.90	_____
5	Marshall, Lindsey	S1	NAN-VI	1:01.53	_____
6	Defert, Ava	S1	CAM-VI	1:29.50	_____

Event 312 Boys Div 1 50 Breaststroke

Region - VI:	46.29	1987	Jens Jakobsen
	54.78	PQT	
	1:07.93	A	
	1:21.51	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

2	Schulze, Thomas	S1	SSS-VI	NT	_____
3	Johnson, Kiel	S1	SSS-VI	NT	_____
4	Moore, Bryan	S1	NAN-VI	57.90	_____
5	Suh, Justin	S1	SSS-VI	1:03.30	_____
6	Sinclair, Ben	S1	NAN-VI	NT	_____

Heat 2 of 2 Prelims

2	Strilets, Nikolas	S9	COU-VI	NT	_____
3	Kirkhope, John	S1	NAN-VI	1:37.50	_____
4	Johnson, Gus	S1	NAN-VI	50.24	_____
5	James, Carter	S1	NAN-VI	1:02.90	_____
6	McDowell, Jace	S1	COU-VI	NT	_____

Event 313 Girls Div 2 50 Breaststroke

Region - VI:	42.95	2003	Sierra Lundy
	47.11	PQT	
	56.27	A	
	1:05.50	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 3 Prelims

2	Bridgen, Bryn	S2	CAM-VI	1:02.70	_____
3	Carius, Ava	S2	SID-VI	57.07	_____
4	Wesley-Plambeck, Lexi	S2	SSS-VI	53.73	_____
5	Anderson, Isabella	S2	COU-VI	55.00	_____
6	Jolliffe, Emma	S2	SID-VI	1:01.80	_____
7	Korniyuk, Dasha	S2	OAK-VI	NT	_____



2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Sunday Preliminary Heats

Heat 2 Prelims (#313 Girls Div 2 50 Breaststroke)

2	Rebneris, Megan	S2	SID-VI	1:02.60	_____
3	Dryden, Ava	S2	OAK-VI	56.28	_____
4	Whipple, Amanda	S2	NAN-VI	52.85	_____
5	Parker, Lily	S2	OAK-VI	54.70	_____
6	DE Pol, Nyah	S2	NAN-VI	1:01.50	_____
7	Sawchuk, Cheyenne	S2	SSS-VI	NT	_____

Heat 3 of 3 Prelims

1	Edwards-OCAT, Hana	S2	NAN-VI	NT	_____
2	Moore, Bailey	S2	OAK-VI	1:02.38	_____
3	Wenger, Brooke	S2	CAM-VI	55.72	_____
4	Needham, Ainsley	S2	POW-VI	51.10	_____
5	Hockridge, Riana	S2	OAK-VI	54.13	_____
6	Edwards, Sierra	S2	SID-VI	57.20	_____
7	Brown, Grace	S2	JUA-VI	1:10.90	_____

Event 314 Boys Div 2 50 Breaststroke

Region - VI:	41.77	1985	Jaime McDonald
	47.21	PQT	
	1:00.15	A	
	1:04.17	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

2	Rithaler, William	S2	SSS-VI	1:23.90	_____
3	Stephen, Stewart	S2	NAN-VI	1:14.48	_____
4	Rorick, Wyatt	S2	CVB-VI	56.50	_____
5	Laturmus, Cam	S2	NAN-VI	59.59	_____
6	Laroche, Jack	S2	NAN-VI	1:17.20	_____

Heat 2 of 2 Prelims

2	Jensen, River	S2	NAN-VI	1:18.40	_____
3	Smith, Ryan	S2	CVB-VI	1:02.30	_____
4	Nowicki, Blake	S2	NAN-VI	54.64	_____
5	Hees, Nathaniel	S2	POW-VI	57.10	_____
6	Proudfoot, Ben	S2	NAN-VI	1:16.50	_____

Event 315 Girls Div 3 50 Breaststroke

Region - VI:	39.36	8/8/2010	Ariana Fraser
	42.26	PQT	
	49.85	A	
	57.82	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

1	Dobrinsky, Chloe	S3	CAM-VI	58.99	_____
2	Bacon, Gabrielle	S3	JUA-VI	55.97	_____
3	Nowicki, Keiann	S3	NAN-VI	47.96	_____
4	Wellard, Jamiliya	S3	CAM-VI	43.00	_____
5	Henderson, Mackenna	S3	CVB-VI	47.62	_____
6	Chan, Delaney	S3	OAK-VI	49.46	_____
7	King, Ashley	S3	NAN-VI	56.60	_____

Heat 2 of 2 Prelims

1	Revoy, Jessi	S3	CAM-VI	56.62	_____
2	Lim, Gracie	S3	CAM-VI	55.30	_____
3	Nguyen, Vivienne	S3	JUA-VI	47.70	_____
4	O'Toole, Delaney	S3	NAN-VI	42.40	_____
5	Marshall, Sara	S3	NAN-VI	47.20	_____
6	Larkin, Mackenzie	S3	OAK-VI	48.32	_____
7	Flood, Rowen	S3	CAM-VI	56.16	_____

Event 316 Boys Div 3 50 Breaststroke

Region - VI:	38.51	1986	Jaime McDonald
	42.25	PQT	
	54.86	A	
	58.02	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

2	Crouse, Seth	S3	SSS-VI	57.70	_____
3	Bloss, Lukas	S3	CVB-VI	49.87	_____
4	Iazvenko, Gosha	S3	SID-VI	46.63	_____
5	Jenkinson, Paiden	S3	SID-VI	48.50	_____
6	Trafford, Rhys	S3	CVB-VI	54.39	_____
7	Bodnar, Finn	S3	NAN-VI	NT	_____

Heat 2 of 2 Prelims

1	Jenks, Stuart	S3	SSS-VI	NT	_____
2	Webb, Val	S3	NAN-VI	56.60	_____
3	Flett, Mac	S3	SSS-VI	49.30	_____
4	Chapman, Tom	S3	OAK-VI	44.00	_____
5	Needham, Cole	S3	POW-VI	47.16	_____
6	Van DE Vlasakker, Stefan	S3	CAM-VI	52.40	_____
7	Proudfoot, Ian	S3	NAN-VI	59.47	_____

Event 319 Girls Div 4 100 Breaststroke

Region - VI:	1:20.49	1996	Keilen Goddard
	1:26.88	PQT	
	1:44.53	A	
	1:56.24	B	

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

2	Laforge, Caitlin	S4	CAM-VI	1:53.60	_____
3	Grymaloski, Larissa	S4	CVB-VI	1:42.70	_____
4	Wesley-Plambeck, Maddie	S4	SSS-VI	1:34.40	_____
5	Lowe, Sydnae	S4	CVB-VI	1:37.60	_____
6	Grymaloski, Aleah	S4	CVB-VI	1:49.30	_____

Heat 2 of 2 Prelims

2	Bourque, Olivia	S4	OAK-VI	1:52.90	_____
3	Thomson, Nina	S4	OAK-VI	1:41.61	_____
4	McDougall, Zoe	S4	COU-VI	1:32.70	_____
5	Hockridge, Lanelle	S4	OAK-VI	1:36.25	_____
6	O'Sullivan, Erin	S4	NAN-VI	1:48.18	_____
7	Pow, Tyson	S4	SID-VI	2:27.88	_____



2013 Ray Newman Vancouver Island Regionals - 8/2/2013 to 8/4/2013

Meet Program - Sunday Preliminary Heats

Event 320 Boys Div 4 100 Breaststroke

Region - VI: 1:16.57 1988 Jaime McDonald
 1:24.21 PQT
 1:41.35 A
 1:56.64 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	Lightfoot, Douglas	S4	COU-VI	2:38.50
2	Urquhart, James	S4	CVB-VI	1:52.32
3	Burns, Mathias	S4	POW-VI	1:40.60
4	MacLeod, Andrew	S4	NAN-VI	1:26.39
5	Copeman, Braeden	S4	OAK-VI	1:32.49
6	McGonigle, Jake	S4	NAN-VI	1:45.16
7	Bisnar, Austin	S4	SSS-VI	1:53.60

Event 321 Girls Div 5 100 Breaststroke

Region - VI: 1:21.10 1983 Julie Wilson
 1:26.18 PQT
 1:37.65 A
 1:40.87 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 2 Prelims				
2	Folkes, Ianna	S5	NAN-VI	1:44.30
3	Kuhnert, Sydney	S5	COU-VI	1:37.69
4	Jackson, Erin	S5	SID-VI	1:24.57
5	Kennedy, Lyyli	S5	SSS-VI	1:27.90
6	deWitt, Kyla	S5	COU-VI	1:42.16
7	Sanchez-Aguila, Andrea	S5	SSS-VI	2:03.40
Heat 2 of 2 Prelims				
1	Bryant-OCAT, Alexa	S5	SID-VI	NT
2	Andrews, Savannah	S5	OAK-VI	1:42.80
3	Labas, Jordan	S5	NAN-VI	1:28.15
4	Bjelde, Sarah	S5	OAK-VI	1:23.71
5	McGonigle, Nyree	S5	NAN-VI	1:27.63
6	Grymaloski, Shayla	S5	CVB-VI	1:41.50
7	Grant, Hannah	S5	SSS-VI	1:46.70

Event 322 Boys Div 5 100 Breaststroke

Region - VI: 1:12.63 1989 Jaimie McDonald
 1:18.89 PQT
 1:38.65 A
 1:47.44 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	Bobkov, Dima	S5	NAN-VI	1:53.06
2	Wild, Jack	S5	OAK-VI	1:38.40
3	Clarke, Caleb	S5	COU-VI	1:34.20
4	Lyesin, Vlad	S5	OAK-VI	1:19.12
5	Goodman, Drayden	S5	NAN-VI	1:21.45
6	MacDonald, Jacob	S5	POW-VI	1:38.17
7	Bisnar, Nigel	S5	SSS-VI	1:41.50

Event 323 Girls Div 6 100 Breaststroke

Region - VI: 1:17.62 8/8/2010 Stephanie Taekema
 1:24.99 PQT
 1:34.97 A
 1:56.19 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 2 Prelims				
2	Lindsay, Kara	S6	NAN-VI	1:39.78
3	Birch, Maggie	S6	SSS-VI	1:30.30
4	Voss, Gillian	S6	OAK-VI	1:27.70
5	Lamb, Hayley	S6	OAK-VI	1:29.24
6	Lowe, Haeley	S6	CVB-VI	1:33.50
Heat 2 of 2 Prelims				
2	Loyst, Nora	S6	NAN-VI	1:33.90
3	Hampton, Allison	S6	OAK-VI	1:29.80
4	Rousseau, Megan	S6	COU-VI	1:26.35
5	Fraser, Cassidy	S6	SSS-VI	1:28.20
6	Rudolph, Emma	S6	COU-VI	1:33.41

Event 324 Boys Div 6 100 Breaststroke

Region - VI: 1:10.05 8/5/2007 Gareth Saunders
 1:16.19 PQT
 1:29.17 A
 1:30.68 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 2 Prelims				
2	Helpard, Benjamin	S6	COU-VI	2:32.62
3	Bourgeois, Thomas	S6	NAN-VI	1:27.35
4	Moore, Steven	S6	NAN-VI	1:20.41
5	Barrie, Alexander	S6	OAK-VI	1:22.30
6	Park, Alan	S6	CVB-VI	1:35.42
Heat 2 of 2 Prelims				
2	Rohon-O'Halloran, Luke	S6	OAK-VI	1:43.70
3	Sinclair, Liam	S5	SSS-VI	1:23.94
4	O'Toole, Seamus	S6	NAN-VI	1:20.16
5	Stewart, Cole	S6	SID-VI	1:21.92
6	Hofmann, Ellis	S6	SSS-VI	1:33.91

Event 327 Girls Div 7 100 Breaststroke

Region - VI: 1:20.60 1984 Edie Fisher
 1:30.48 PQT
 1:34.97 A
 1:56.19 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
3	Kastelic, Lindsay	S7	OAK-VI	1:29.10
4	Carter, Olivia	S7	CAM-VI	1:22.70
5	Price, Hayley	S7	NAN-VI	1:23.42
6	Patterson, Christine	S7	NAN-VI	2:08.50



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Event 328 Boys Div 7 100 Breaststroke

Region - VI: 1:07.32 1996 Trevor Brekke
 1:18.64 PQT
 1:29.17 A
 1:30.68 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

3	Lowe, Gabe	S7	JUA-VI	1:38.63	_____
4	Rohon-O'Halloran, Galen	S7	OAK-VI	1:17.40	_____
5	Moore, Evan	S7	PDI-VI	1:28.55	_____

Event 329 Girls Div 8 100 Breaststroke

Region - VI: 1:15.59 2011 Stephanie Taekema
 1:28.62 PQT
 1:34.97 A
 1:56.19 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

3	Lorusso, Michelle	S8	NAN-VI	1:37.51	_____
4	Hosseini, Tannaz	O8	SID-VI	1:27.52	_____
5	Reader, Chelsea	S8	OAK-VI	1:31.90	_____
6	Gardner, Rachael	S8	SSS-VI	NT	_____

Event 330 Boys Div 8 100 Breaststroke

Region - VI: 1:06.22 2004 Phil WEISS
 1:15.10 PQT
 1:29.17 A
 1:30.68 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 1 Prelims

2	Saunders, G.A. Robert	S8	NAN-VI	NT	_____
3	Brown, Ian	S8	PDI-VI	1:15.10	_____
4	Bourgeois, Richard	S8	NAN-VI	1:11.10	_____
5	Trajan, Byron	S8	NAN-VI	1:15.00	_____
6	Zollen, Brett	O8	PDI-VI	NT	_____

Event 331 Girls Div 1 100 Freestyle

Region - VI: 1:22.25 1999 Jessica Scott
 1:30.26 PQT
 2:10.42 A
 2:16.03 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

1	Brown, Zoe	S1	NAN-VI	NT	_____
2	Paprotny, Sarah	S1	JUA-VI	2:11.89	_____
3	Bobkova, Yulia	S1	NAN-VI	1:50.33	_____
4	Coogan, Brynna	S1	CVB-VI	1:45.44	_____
5	Revoy, Katie	S1	CAM-VI	1:48.52	_____
6	Ertel, Kaelin	S1	SSS-VI	1:51.60	_____
7	Hagen, Aniela	S1	CVB-VI	2:21.70	_____

Heat 2 of 2 Prelims

1	Defert, Ava	S1	CAM-VI	2:52.10	_____
2	Carius, Eden	S9	SID-VI	2:05.64	_____
3	Wakefield, Vienna	S1	SID-VI	1:49.26	_____
4	Wenger, Summer	S1	CAM-VI	1:45.37	_____
5	Paridaen-van Veen, Mary	S1	CVB-VI	1:46.57	_____
6	Wood, Jo-Jo	S1	POW-VI	1:51.10	_____
7	Atleo, Kaitlyn	S1	CVB-VI	2:13.60	_____

Event 332 Boys Div 1 100 Freestyle

Region - VI: 1:19.77 1993 Martin Reader
 1:30.23 PQT
 2:09.23 A
 2:13.06 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 2 Prelims

2	Strilets, Nikolas	S9	COU-VI	2:49.17	_____
3	King, Adam	S1	NAN-VI	2:08.83	_____
4	James, Carter	S1	NAN-VI	1:45.30	_____
5	Truong, Ben	S1	SID-VI	1:55.82	_____
6	Lim, Jack	S1	NAN-VI	2:33.99	_____

Heat 2 of 2 Prelims

2	Kirkhope, John	S1	NAN-VI	2:37.90	_____
3	Walton, Nolan	S1	SSS-VI	2:03.40	_____
4	Moore, Bryan	S1	NAN-VI	1:43.70	_____
5	Morch, Peter	S1	NAN-VI	1:47.50	_____
6	Webb, Nevan	S1	NAN-VI	2:14.70	_____
7	van de Vlasakker, Jasper	S1	CAM-VI	NT	_____

Event 333 Girls Div 2 100 Freestyle

Region - VI: 1:14.25 1988 Willow Chandler
 1:18.53 PQT
 1:45.53 A
 2:17.26 B

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 3 Prelims

1	Phillips, Emma	S2	SSS-VI	2:22.57	_____
2	Anderson, Isabella	S2	COU-VI	1:45.00	_____
3	Klak, Lahaela	S2	JUA-VI	1:30.90	_____
4	Whipple, Amanda	S2	NAN-VI	1:28.00	_____
5	Carius, Ava	S2	SID-VI	1:28.84	_____
6	Jenks, Sarah	S2	SSS-VI	1:38.60	_____
7	Bridgen, Bryn	S2	CAM-VI	1:51.70	_____

Heat 2 of 3 Prelims

1	Brown, Grace	S2	JUA-VI	2:04.65	_____
2	Parker, Lily	S2	OAK-VI	1:42.70	_____
3	Dryden, Ava	S2	OAK-VI	1:30.38	_____
4	McDowell, Abby	S2	COU-VI	1:26.70	_____
5	Morch, Kayley	S2	NAN-VI	1:28.50	_____
6	Morris, Carmen	S2	OAK-VI	1:38.47	_____
7	Rebneris, Megan	S2	SID-VI	1:49.94	_____



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Heat 3 Prelims (#333 Girls Div 2 100 Freestyle)

1	Moore, Bailey	S2	OAK-VI	1:54.50	_____
2	Edwards, Sierra	S2	SID-VI	1:38.69	_____
3	Johnson, Zoey	S2	SSS-VI	1:29.90	_____
4	Bikadi, Kaysha	S2	SID-VI	1:25.98	_____
5	Moore, Devinn	S2	NAN-VI	1:28.40	_____
6	Henderson, Avorie K	S2	CVB-VI	1:33.80	_____
7	Hockridge, Riana	S2	OAK-VI	1:45.41	_____
8	Korniyuk, Dasha	S2	OAK-VI	NT	_____

Event 334 Boys Div 2 100 Freestyle

Region - VI:	1:11.42	2006	Mathew Hampton
	1:19.71	PQT	
	1:30.14	A	
	1:49.45	B	

Lane	Name	Yr	Team	Seed	Time
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Heat 1 of 2 Prelims

1	Rithaler, William	S2	SSS-VI	2:43.50	_____
2	Smith, Ryan	S2	CVB-VI	1:48.10	_____
3	Nowicki, Blake	S2	NAN-VI	1:39.60	_____
4	Trafford, Madoc	S2	CVB-VI	1:29.86	_____
5	Wellard, Owen	S2	CAM-VI	1:36.64	_____
6	Jensen, River	S2	NAN-VI	1:47.28	_____
7	Cartmill-Jones, Connor	S2	NAN-VI	2:04.56	_____

Heat 2 of 2 Prelims

1	Bacon, Evan	S2	JUA-VI	2:11.24	_____
2	Strilets, Matthew M	S2	COU-VI	1:48.00	_____
3	Rorick, Wyatt	S2	CVB-VI	1:36.75	_____
4	Truong, Nate	S2	SID-VI	1:18.30	_____
5	Brager, Jakob	S2	POW-VI	1:32.40	_____
6	Laturmus, Cam	S2	NAN-VI	1:40.97	_____
7	Stephen, Stewart	S2	NAN-VI	1:49.29	_____

Event 335 Girls Div 3 100 Freestyle

Region - VI:	1:06.86	1987	Shannon Apland
	1:10.45	PQT	
	1:26.91	A	
	1:37.90	B	

Lane	Name	Yr	Team	Seed	Time
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Heat 1 of 3 Prelims

2	Scriba, Janika	S3	CAM-VI	1:46.10	_____
3	Henderson, Mackenna	S3	CVB-VI	1:29.20	_____
4	Rivers, Katrina	S3	NAN-VI	1:19.00	_____
5	Bacon, Gabrielle	S3	JUA-VI	1:24.47	_____
6	Konnala, Jayda	S3	SID-VI	1:34.40	_____
7	Kashmere, Victoria	S3	NAN-VI	NT	_____

Heat 2 of 3 Prelims

2	Lim, Gracie	S3	CAM-VI	1:45.21	_____
3	Flood, Rowen	S3	CAM-VI	1:28.51	_____
4	Baron, Samantha	S3	POW-VI	1:15.00	_____
5	MacDonald, Abbey	S3	POW-VI	1:22.42	_____
6	Akerman, Taylor	S3	SSS-VI	1:33.60	_____
7	Blasco, Lauren	S3	COU-VI	2:05.30	_____

Heat 3 of 3 Prelims

2	King, Ashley	S3	NAN-VI	1:43.79	_____
3	Larkin, Mackenzie	S3	OAK-VI	1:27.26	_____
4	Johnson, Ava	S3	NAN-VI	1:13.23	_____
5	Paridaen-van Veen, Sophie	S3	CVB-VI	1:19.31	_____
6	Nowicki, Keiann	S3	NAN-VI	1:31.50	_____
7	Blasco, Jaida	S3	COU-VI	1:58.30	_____

Event 336 Boys Div 3 100 Freestyle

Region - VI:	1:07.50	1989	Marcel Giele
	1:11.28	PQT	
	1:32.99	A	
	1:45.25	B	

Lane	Name	Yr	Team	Seed	Time
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Heat 1 of 2 Prelims

1	Hoelzley, Christopher	S3	POW-VI	1:52.30	_____
2	Flett, Mac	S3	SSS-VI	1:37.40	_____
3	Craig, Haldon	S3	SID-VI	1:21.40	_____
4	Chapman, Tom	S3	OAK-VI	1:14.39	_____
5	Iazvenko, Gosha	S3	SID-VI	1:17.00	_____
6	Bloss, Lukas	S3	CVB-VI	1:33.42	_____
7	Webb, Val	S3	NAN-VI	1:49.00	_____

Heat 2 of 2 Prelims

1	St. Gelais, Aramis	S3	SSS-VI	1:49.30	_____
2	Trafford, Rhys	S3	CVB-VI	1:33.63	_____
3	McIntyre, Connor	S3	NAN-VI	1:19.20	_____
4	De Pol, Tayden	S3	NAN-VI	1:13.91	_____
5	Ayres, Liam	S3	SID-VI	1:14.67	_____
6	Moore, Hayden	S3	OAK-VI	1:26.66	_____
7	Jenks, Stuart	S3	SSS-VI	1:40.90	_____
8	Van DE Vlasakker, Stefan	S3	CAM-VI	2:12.90	_____



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Event 339 Girls Div 4 100 Freestyle

Region - VI: 1:02.86 8/8/2010 Chloe Chapman
 1:07.68 PQT
 1:15.28 A
 1:21.35 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 3 Prelims				
1	Wakefield, Lexi	S4	SID-VI	1:44.70
2	Smith, Camille	S4	SSS-VI	1:25.29
3	Hockridge, Lanelle	S4	OAK-VI	1:20.26
4	McDougall, Zoe	S4	COU-VI	1:13.96
5	Morris, Chloë	S4	OAK-VI	1:18.20
6	Wesley-Plambeck, Maddie	S4	SSS-VI	1:20.79
7	O'Sullivan, Erin	S4	NAN-VI	1:29.33

Heat 2 of 3 Prelims

1	Grymaloski, Aleah	S4	CVB-VI	1:37.62
2	Thomson, Nina	S4	OAK-VI	1:25.28
3	Pask, Kenzie	S4	CVB-VI	1:19.89
4	McGorman, Moira	S4	NAN-VI	1:12.64
5	Brager, Kourtney	S4	POW-VI	1:15.00
6	Mosher, Lauren	S4	SID-VI	1:20.50
7	Bourque, Olivia	S4	OAK-VI	1:27.10

Heat 3 of 3 Prelims

1	Grymaloski, Larissa	S4	CVB-VI	1:34.38
2	Lowe, Sydnae	S4	CVB-VI	1:20.82
3	King, Jessica	S4	NAN-VI	1:18.24
4	Kirkhope, Sarah	S4	NAN-VI	1:11.30
5	Ayres, Sophie	S4	SID-VI	1:14.11
6	Dunn, Myia	S4	COU-VI	1:20.40
7	Laforge, Caitlin	S4	CAM-VI	1:26.30
8	Pow, Tyson	S4	SID-VI	1:50.20

Event 340 Boys Div 4 100 Freestyle

Region - VI: 58.45 8/5/2012 Philippe Andre Vellacott
 1:04.60 PQT
 1:16.75 A
 1:26.03 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 2 Prelims				
1	Lightfoot, Douglas	S4	COU-VI	2:02.97
2	Urquhart, James	S4	CVB-VI	1:27.36
3	Burnett, Rylan	S4	SSS-VI	1:15.70
4	Helpard, Samuel	S4	COU-VI	1:10.60
5	Todd, Quinn	S4	NAN-VI	1:13.90
6	MacLeod, Andrew	S4	NAN-VI	1:20.01
7	McGonigle, Jake	S4	NAN-VI	1:31.10

Heat 2 of 2 Prelims

1	Koby, Nick	S3	SSS-VI	1:32.50
2	Burns, Mathias	S4	POW-VI	1:20.73
3	Labas, Eric	S4	NAN-VI	1:15.16
4	Phillips, Josh	S4	SID-VI	1:10.34
5	Izard, Trevor	S4	OAK-VI	1:13.60
6	Bettauer, Noah	S4	OAK-VI	1:17.02
7	Kossey, Brandon	S4	NAN-VI	1:27.89

Event 341 Girls Div 5 100 Freestyle

Region - VI: 1:02.81 1985 Chantel Fabre
 1:05.80 PQT
 1:13.32 A
 1:21.78 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 2 Prelims				
1	Grymaloski, Shayla	S5	CVB-VI	1:31.50
2	Kuhnert, Sydney	S5	COU-VI	1:22.94
3	Jenkinson, Cailin	S5	SID-VI	1:13.58
4	Winther, Liv	S5	OAK-VI	1:06.94
5	Labas, Jordan	S5	NAN-VI	1:11.05
6	Andrews, Savannah	S5	OAK-VI	1:17.50
7	Harrigan, Kate	S5	JUA-VI	1:26.40
8	Bryant-OCAT, Alexa	S5	SID-VI	NT

Heat 2 of 2 Prelims

1	Sanchez-Aguila, Andrea	S5	SSS-VI	1:31.50
2	deWitt, Kyla	S5	COU-VI	1:20.50
3	Helpard, Amelia	S5	COU-VI	1:11.50
4	Jackson, Erin	S5	SID-VI	1:04.85
5	Izard, Jessica	S5	OAK-VI	1:09.64
6	Andress, Alyssa	S5	SSS-VI	1:13.60
7	Grant, Hannah	S5	SSS-VI	1:26.30
8	Sorensen, Brooke	S5	NAN-VI	NT

Event 342 Boys Div 5 100 Freestyle

Region - VI: 57.86 1987 Milke Smit
 1:00.90 PQT
 1:15.58 A
 1:19.48 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	MacDonald, Jacob	S5	POW-VI	1:17.62
2	Sinclair, Andrew	S5	SSS-VI	1:05.90
3	Goodman, Drayden	S5	NAN-VI	1:04.91
4	Stewart, Caleb	S5	SID-VI	59.63
5	Parker, Jack	S5	OAK-VI	1:03.47
6	Craig, Colten	S5	SID-VI	1:05.53
7	Wild, Jack	S5	OAK-VI	1:15.70
8	Bobkov, Dima	S5	NAN-VI	1:21.15



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Meet Program - Sunday Preliminary Heats

Event 343 Girls Div 6 100 Freestyle

Region - VI: 1:01.85 8/5/2007 Allison Wood
 1:04.82 PQT
 1:14.06 A
 1:26.35 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 2 Prelims				
1	Kuhnert, Jenna	S6	COU-VI	1:14.47
2	Lindsay, Kara	S6	NAN-VI	1:11.58
3	Voss, Gillian	S6	OAK-VI	1:08.80
4	Rousseau, Megan	S6	COU-VI	1:04.58
5	Kossey, Breanna	S6	NAN-VI	1:07.72
6	Birch, Maggie	S6	SSS-VI	1:09.84
7	Andrews, Larissa	S6	SSS-VI	1:13.00
Heat 2 of 2 Prelims				
1	Lowe, Haeley	S6	CVB-VI	1:13.04
2	Loyst, Nora	S6	NAN-VI	1:10.51
3	Craig, Tabitha	S6	SID-VI	1:08.40
4	Hampton, Allison	S6	OAK-VI	1:04.08
5	Harris, Amelia	S6	PDI-VI	1:07.56
6	Miller, Jen	S6	CAM-VI	1:09.29
7	Rudolph, Emma	S6	COU-VI	1:12.17

Event 344 Boys Div 6 100 Freestyle

Region - VI: 55.04 2004 Alex McLaren
 59.14 PQT
 1:07.38 A
 1:09.70 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 3 Prelims				
2	Helpard, Benjamin	S6	COU-VI	2:07.08
3	Scriba, Kurtis	S6	CAM-VI	1:04.50
4	Moore, Steven	S6	NAN-VI	1:00.52
5	MacLeod, David	S6	NAN-VI	1:03.49
6	Bourgeois, Thomas	S6	NAN-VI	1:05.50
Heat 2 of 3 Prelims				
2	Hofmann, Ellis	S6	SSS-VI	1:14.82
3	Funk, Aaryn	S6	SSS-VI	1:04.22
4	Todd, Joshua	S6	NAN-VI	59.71
5	Gemma, Callum	S6	NAN-VI	1:02.62
6	Urquhart, Reid	S6	CVB-VI	1:05.10
7	Rohon-O'Halloran, Luke	S6	OAK-VI	NT
Heat 3 of 3 Prelims				
2	Howe, Sebastian	S6	SSS-VI	1:10.00
3	O'Toole, Seamus	S6	NAN-VI	1:04.10
4	Prout-Holm, Riley	S6	NAN-VI	55.90
5	Stewart, Cole	S6	SID-VI	1:02.27
6	Sinclair, Liam	S5	SSS-VI	1:04.70
7	Todd-OCAT, Zack	S6	NAN-VI	NT

Event 347 Girls Div 7 100 Freestyle

Region - VI: 1:03.02 1999 Anita Holtham
 1:08.98 PQT
 1:14.06 A
 1:26.35 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	Carriere Der, Catherine	S7	NAN-VI	1:10.71
2	Yates, Vanessa	S7	NAN-VI	1:08.62
3	Carter, Olivia	S7	CAM-VI	1:05.11
4	Walker, Darby	S7	NAN-VI	1:04.13
5	Price, Hayley	S7	NAN-VI	1:04.54
6	Goodwin, Emma	S7	SID-VI	1:07.44
7	Kastelic, Lindsay	S7	OAK-VI	1:09.70
8	Crouse, Braiden	S7	SSS-VI	1:15.80

Event 348 Boys Div 7 100 Freestyle

Region - VI: 54.68 1994 Pat Cannon
 58.21 PQT
 1:07.38 A
 1:09.70 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
1	Lowe, Gabe	S7	JUA-VI	1:23.07
2	Moore, Evan	S7	PDI-VI	1:07.20
3	Townsend, William	S7	CVB-VI	1:05.53
4	McKay, Drake	S7	CVB-VI	1:00.09
5	Rohon-O'Halloran, Galen	S7	OAK-VI	1:03.30
6	Fairweather, Connor	S7	CAM-VI	1:06.90
7	McKay, Dylan	S7	POW-VI	1:08.02

Event 349 Girls Div 8 100 Freestyle

Region - VI: 1:00.65 1993 D'arcy Musselman
 1:06.12 PQT
 1:14.06 A
 1:26.35 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
4	Wood, Allison	O8	CVB-VI	NT



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Meet Program - Sunday Preliminary Heats

Event 350 Boys Div 8 100 Freestyle

Region - VI: 53.43 2003 Phil Weiss
 57.35 PQT
 1:07.38 A
 1:09.70 B

Lane	Name	Yr	Team	Seed Time
Heat 1 of 1 Prelims				
2	Cioban, Brad	S8	NAN-VI	1:00.92
3	Moore, Tyler	S8	NAN-VI	59.40
4	Saunders, G.A. Robert	S8	NAN-VI	56.70
5	Trajan, Byron	S8	NAN-VI	57.96
6	Hunter, Sean	S8	JUA-VI	1:00.17
7	Zollen, Brett	O8	PDI-VI	NT



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Meet Program - Sunday Relays Timed Finals

Event 241 Girls Div 1 200 Freestyle Relay

Region - VI:	3:06.31	8/5/2012	Sidney Piranhas
V Wakefield, S Edwards, A Carius, K Bikadi			
	2:55.91	PQT	

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Nwrsc-VI	A	4:05.82 _____
	1) Brown, Zoe S1	2) Lim, Grace S9	
	3) Marshall, Lindsey S1	4) Bobkova, Yulia S1	
4	Breakers-VI	A	2:23.30 _____
	1) Coogan, Brynna S1	2) Hagen, Aniela S1	
	3) Atleo, Kaitlyn S1	4) Paridaen-van Veen, Mary S1	
5	CAM-VI	A	2:32.96 _____
	1) Revoy, Katie S1	2) Defert, Ava S1	
	3) Bridgen, Shea S1	4) Wenger, Summer S1	

Event 242 Boys Div 1 200 Freestyle Relay

Region - VI:	3:05.02	2006	Nanaimo White Rapids
2:54.73 PQT			

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Stingrays-VI	A	NT _____
	1) Walton, Nolan S1	2) Suh, Justin S1	
	3) Schulze, Thomas S1	4) Johnson, Kiel S1	
4	Nwrsc-VI	A	3:06.56 _____
	1) James, Carter S1	2) Moore, Bryan S1	
	3) Morch, Peter S1	4) Johnson, Gus S1	
5	Nwrsc-VI	B	4:15.86 _____
	1) Lim, Jack S1	2) Sinclair, Ben S1	
	3) Kirkhope, John S1	4) King, Adam S1	

Event 243 Girls Div 2 200 Freestyle Relay

Region - VI:	2:46.00	2006	Nanaimo White Rapids
2:29.87 PQT			

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Orcas-VI	A	2:45.57 _____
	1) Korniyuk, Dasha S2	2) Parker, Lily S2	
	3) Morris, Carmen S2	4) Dryden, Ava S2	
4	SID-VI	A	2:09.80 _____
	1) Bikadi, Kaysha S2	2) Edwards, Sierra S2	
	3) Carius, Ava S2	4) Jolliffe, Emma S2	
5	Nwrsc-VI	A	2:40.53 _____
	1) Moore, Devinn S2	2) DE Pol, Nyah S2	
	3) Morch, Kayley S2	4) Whipple, Amanda S2	
6	Stingrays-VI	A	NT _____
	1) Wesley-Plambeck, Lexi S2	2) Ertel, Kaelin S1	
	3) Jenks, Sarah S2	4) Johnson, Zoey S2	

Event 244 Boys Div 2 200 Freestyle Relay

Region - VI:	2:26.28	2006	Oak Bay Orcas
2:28.60 PQT			

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
4	Nwrsc-VI	A	2:55.87 _____
	1) Laternus, Cam S2	2) Jensen, River S2	
	3) Stephen, Stewart S2	4) Nowicki, Blake S2	

Event 245 Girls Div 3 200 Freestyle Relay

Region - VI:	2:12.47	1989	Nanaimo White Rapids
2:11.84 PQT			

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	CAM-VI	B	NT _____
	1) Bridgen, Bryn S2	2) Lim, Gracie S3	
	3) Revoy, Jessi S3	4) Dobrinsky, Chloe S3	
2	Blue Devils-VI	A	3:19.13 _____
	1) Blasco, Jaida S3	2) Blasco, Lauren S3	
	3) Webb, Ava S1	4) Anderson, Isabella S2	
3	CAM-VI	A	2:32.96 _____
	1) Wenger, Brooke S2	2) Scriba, Janika S3	
	3) Flood, Rowen S3	4) Wellard, Jamiliya S3	
4	Nwrsc-VI	A	2:20.00 _____
	1) Rivers, Katrina S3	2) Marshall, Sara S3	
	3) O'Toole, Delaney S3	4) Johnson, Ava S3	
5	JUA-VI	A	2:32.32 _____
	1) Bacon, Gabrielle S3	2) Brown, Grace S2	
	3) Klak, Lahaela S2	4) Nguyen, Vivienne S3	
6	Orcas-VI	A	2:57.77 _____
	1) Chan, Delaney S3	2) Larkin, Mackenzie S3	
	3) Hockridge, Riana S2	4) Moore, Bailey S2	
7	POW-VI	A	NT _____
	1) MacDonald, Abbey S3	2) Needham, Ainsley S2	
	3) Wood, Jo-Jo S1	4) Baron, Samantha S3	



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Meet Program - Sunday Relays Timed Finals

Event 246 Boys Div 3 200 Freestyle Relay

Region - VI: 2:14.06 2007			
Oak Bay Orcas			
2:14.63 PQT			
Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
2	Stingrays-VI	A	NT
	1) St. Gelais, Aramis S3	2) Crouse, Seth S3	
	3) Jenks, Stuart S3	4) Flett, Mac S3	
3	Nwrsc-VI	A	2:46.96
	1) McIntyre, Connor S3	2) deRuijter, Riley S3	
	3) Bodnar, Finn S3	4) De Pol, Tayden S3	
4	SID-VI	A	1:53.50
	1) Iazvenko, Gosha S3	2) Craig, Haldon S3	
	3) Jenkinson, Paiden S3	4) Ayres, Liam S3	
5	Breakers-VI	A	2:19.30
	1) Rorick, Wyatt S2	2) Trafford, Madoc S2	
	3) Smith, Ryan S2	4) Trafford, Rhys S3	
6	Nwrsc-VI	B	3:59.14
	1) Proudfoot, Ian S3	2) Proudfoot, Ben S2	
	3) Cartmill-Jones, Connor S2	4) Laroche, Jack S2	

Event 249 Girls Div 4 200 Freestyle Relay

Region - VI: 2:04.37 1985			
2:06.40 PQT			
Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Orcas-VI	A	2:19.89
	1) Hockridge, Lanelle S4	2) Morris, Chloë S4	
	3) Winther, Claire S4	4) Thomson, Nina S4	
4	SID-VI	A	2:09.80
	1) Mosher, Lauren S4	2) Phillips, Abby S3	
	3) Konnila, Jayda S3	4) Ayres, Sophie S4	
5	Nwrsc-VI	A	2:19.13
	1) McGorman, Moira S4	2) O'Sullivan, Erin S4	
	3) King, Jessica S4	4) Kirkhope, Sarah S4	
6	Breakers-VI	A	2:23.30
	1) Pask, Kenzie S4	2) Lowe, Sydnae S4	
	3) Paridaen-van Veen, Sophie S3	4) Grymaloski, Aleah S4	

Event 250 Boys Div 4 200 Freestyle Relay

Region - VI: 1:57.37 8/9/2009			
Oak Bay Orcas			
2:01.97 PQT			
Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Blue Devils-VI	A	3:31.80
	1) Strilets, Matthew M S2	2) Strilets, Nikolas S9	
	3) Lightfoot, Douglas S4	4) Helpard, Samuel S4	
4	Orcas-VI	A	2:16.03
	1) Izard, Trevor S4	2) Bettauer, Noah S4	
	3) Copeman, Braeden S4	4) Chapman, Tom S3	
5	Nwrsc-VI	A	2:19.48
	1) Labas, Eric S4	2) MacMillan, Hamish S4	
	3) MacLeod, Andrew S4	4) Todd, Quinn S4	

Event 251 Girls Div 5 200 Freestyle Relay

Region - VI: 2:01.22 8/5/2012			
Oak Bay Orcas			
G Voss, O Winther, H Lamb, A Hampton			
2:02.09 PQT			
Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Stingrays-VI	A	NT
	1) Sanchez-Aguila, Andrea S5	2) Grant, Hannah S5	
	3) Akerman, Taylor S3	4) Wesley-Plambeck, Maddie S4	
4	Orcas-VI	A	2:07.93
	1) Izard, Jessica S5	2) Bjelde, Sarah S5	
	3) Andrews, Savannah S5	4) Winther, Liv S5	
5	Blue Devils-VI	A	2:20.14
	1) McDougall, Zoe S4	2) Dunn, Myia S4	
	3) deWitt, Kyla S5	4) Kuhnert, Sydney S5	

Event 252 Boys Div 5 200 Freestyle Relay

Region - VI: 1:52.03 1993			
Sidney Piranhas			
1:53.06 PQT			
Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
4	POW-VI	A	2:34.27
	1) Burns, Mathias S4	2) Needham, Cole S3	
	3) Hoelzley, Christopher S3	4) MacDonald, Jacob S5	
5	Stingrays-VI	A	NT
	1) Bisnar, Nigel S5	2) Koby, Nick S3	
	3) Bisnar, Austin S4	4) Burnett, Rylan S4	

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Event 253 Girls Div 6 200 Freestyle Relay

Region - VI: 1:58.78 8/5/2012 Nanaimo White Rapids
 E Taekema, C Carriere Der, N Loyst, H Price
 1:59.68 PQT

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Stingrays-VI	A	NT
	1) Fraser, Cassidy S6	2) Andress, Alyssa S5	
	3) Webster, Shane S5	4) Birch, Maggie S6	
4	Nwrsc-VI	A	2:03.90
	1) Labas, Jordan S5	2) McGonigle, Nyree S5	
	3) Loyst, Nora S6	4) Kossey, Breanna S6	
5	Blue Devils-VI	A	2:08.59
	1) Kuhnert, Jenna S6	2) Rudolph, Emma S6	
	3) Helpard, Amelia S5	4) Rousseau, Megan S6	
6	Nwrsc-VI	B	NT
	1) Sorensen, Brooke S5	2) Nowicki, Keiann S3	
	3) Folkes, Ianna S5	4) Lindsay, Kara S6	

Event 254 Boys Div 6 200 Freestyle Relay

Region - VI: 1:46.50 8/5/2012 Nanaimo White Rapids
 R Prout-Holm, J Todd, O Simpson, C Yates
 1:48.97 PQT

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	SID-VI	A	1:53.50
	1) Craig, Colten S5	2) Stewart, Cole S6	
	3) Phillips, Josh S4	4) Stewart, Caleb S5	
4	Nwrsc-VI	A	1:45.95
	1) Prout-Holm, Riley S6	2) Gemma, Callum S6	
	3) Todd, Joshua S6	4) Yates, Christopher S6	
5	Nwrsc-VI	B	1:52.79
	1) Bourgeois, Thomas S6	2) O'Toole, Seamus S6	
	3) MacLeod, David S6	4) Moore, Steven S6	
6	Stingrays-VI	A	NT
	1) Sinclair, Liam S5	2) Howe, Sebastian S6	
	3) Sinclair, Andrew S5	4) Funk, Aaryn S6	

Event 257 Girls Div 7 200 Freestyle Relay

Region - VI: 2:00.02 8/5/2012 Oak Bay Orcas
 L Voss, L Kastelic, R Wood, C Skelton
 1:59.85 PQT

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	SID-VI	A	2:09.80
	1) Goodwin, Emma S7	2) Jenkinson, Cailin S5	
	3) Jackson, Erin S5	4) Craig, Tabitha S6	
4	Orcas-VI	A	1:59.62
	1) Hampton, Allison S6	2) Kastelic, Lindsay S7	
	3) Lamb, Hayley S6	4) Voss, Gillian S6	
5	Nwrsc-VI	A	1:59.88
	1) Walker, Darby S7	2) Carriere Der, Catherine S7	
	3) Taekema, Ellen S7	4) Price, Hayley S7	
6	Nwrsc-VI	B	NT
	1) Yates, Vanessa S7	2) Patterson, Christine S7	
	3) Kashmere, Victoria S3	4) King, Ashley S3	

Event 258 Boys Div 7 200 Freestyle Relay

Region - VI: 1:44.17 8/5/2007 Campbell River Salmon Kings
 1:47.09 PQT

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Breakers-VI	A	2:19.30
	1) Townsend, William S7	2) McKay, Drake S7	
	3) Urquhart, Reid S6	4) Park, Alan S6	
4	Orcas-VI	A	1:54.40
	1) Barrie, Alexander S6	2) Lyesin, Vlad S5	
	3) Parker, Jack S5	4) Rohon-O'Halloran, Galen S7	
5	Nwrsc-VI	A	2:08.88
	1) Simpson, Owen S7	2) Goodman, Drayden S5	
	3) Bobkov, Dima S5	4) Kossey, Brandon S4	

Event 259 Girls Div 8 200 Freestyle Relay

Region - VI: 1:58.22 1998 Sidney Piranhas
 1:58.73 PQT

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	Stingrays-VI	A	NT
	1) Andrews, Larissa S6	2) Crouse, Braiden S7	
	3) Kennedy, Lyyli S5	4) Gardner, Rachael S8	
4	Breakers-VI	A	2:23.30
	1) Newman, Rachael O8	2) Lowe, Haeley S6	
	3) Grymaloski, Shayla S5	4) Wood, Allison O8	
5	CAM-VI	A	2:32.96
	1) Kotilla, Kailee S8	2) Carter, Olivia S7	
	3) Miller, Jen S6	4) Pomeroy, Jane O8	



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Event 260 Boys Div 8 200 Freestyle Relay

Region - VI: 1:40.90 8/5/2012 Nanaimo White Rapids
G Saunders, R Bourgeois, B Trajan, I Mattock
1:42.56 PQT

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	CAM-VI	A	NT _____
	1) Fairweather, Connor S7	2) Wellard, Owen S2	
	3) Scriba, Kurtis S6	4) Carter, Paul S8	
4	Nwrsc-VI	A	1:42.70 _____
	1) Saunders, G.A. Robert S8	2) Trajan, Byron S8	
	3) Mattock, Ian S8	4) Bourgeois, Richard S8	
5	Pender Island-VI	A	NT _____
	1) Zollen, Brett O8	2) Brown, Ian S8	
	3) Sorba, MJ J S8	4) Moore, Evan S7	
6	Nwrsc-VI	B	NT _____
	1) Cioban, Brad S8	2) Moore, Tyler S8	
	3) Todd-OCAT, Zack S6	4) Kudaba, Andre S8	

